

Adak Island, AK - Jun 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:52	4.8					12:01	-1.9	5:32	9:56	
2	Mon	2:43	4.8					12:54	-2.0	5:31	9:57	
3	Tue	3:45	4.6					1:46	-1.9	5:31	9:58	
4	Wed	4:59	4.2	11:42	3.7			2:36	-1.6	5:30	9:59	
5	Thu	6:22	3.6	11:46	3.6	3:25	3.4	3:23	-1.2	5:29	10:00	
6	Fri	7:56	2.9	11:58	3.5	4:54	2.7	4:06	-0.5	5:29	10:01	
7	Sat	9:45	2.3			6:08	1.9	4:43	0.2	5:28	10:02	
8	Sun	12:12	3.6	11:56 AM	1.8	7:09	1.1	5:13	1.0	5:28	10:02	
9	Mon	12:26	3.6	2:50	1.8	8:02	0.4	5:20	1.7	5:27	10:03	
10	Tue	12:38	3.7			8:49	-0.1			5:27	10:04	
11	Wed	12:45	3.8			9:32	-0.5			5:27	10:05	
12	Thu	12:44	3.9			10:12	-0.8			5:26	10:05	
13	Fri	12:29	4.0			10:49	-0.9			5:26	10:06	
14	Sat	12:07	4.2			11:26	-1.0			5:26	10:07	
15	Sun	12:03	4.3					12:03	-1.0	5:26	10:07	
16	Mon	12:15	4.3					12:40	-0.9	5:26	10:08	
17	Tue	12:28	4.2					1:16	-0.9	5:26	10:08	
18	Wed	12:32	4.0					1:51	-0.8	5:26	10:08	
19	Thu	12:29	3.8					2:23	-0.6	5:26	10:09	
20	Fri	12:23	3.6					2:51	-0.3	5:26	10:09	
21	Sat	12:10	3.4	11:48	3.2			3:14	0.1	5:26	10:09	
22	Sun			11:27	3.2			3:29	0.6	5:27	10:09	
23	Mon	10:33	1.5	11:14	3.4	7:24	1.4	3:23	1.2	5:27	10:09	
24	Tue			11:10	3.8	7:27	0.7			5:27	10:09	
25	Wed			11:18	4.2	7:53	0.0			5:28	10:10	
26	Thu			11:38	4.7	8:29	-0.6			5:28	10:09	
27	Fri					9:12	-1.2			5:29	10:09	
28	Sat	12:11	5.0			10:00	-1.6			5:29	10:09	
29	Sun	12:54	5.1			10:51	-1.9			5:30	10:09	
30	Mon	1:47	5.1			11:44	-1.9			5:31	10:09	