

Adak Island, AK - Jul 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:47	4.8					12:35	-1.8	5:31	10:08	
2	Wed	3:56	4.3	10:38	3.6			1:24	-1.5	5:32	10:08	
3	Thu	5:17	3.7	10:29	3.5	1:34	3.4	2:10	-1.1	5:33	10:08	
4	Fri	6:51	3.0	10:37	3.5	3:25	2.7	2:52	-0.4	5:34	10:07	
5	Sat	8:42	2.3	10:51	3.6	4:46	1.9	3:29	0.3	5:34	10:07	
6	Sun	10:53	1.9	11:07	3.7	5:50	1.1	3:59	1.1	5:35	10:06	
7	Mon			1:38	1.9	6:44	0.4	4:13	1.8	5:36	10:06	
8	Tue			11:37	4.0	7:33	-0.2			5:37	10:05	
9	Wed			11:46	4.1	8:18	-0.5			5:38	10:04	
10	Thu			11:49	4.1	9:01	-0.7			5:39	10:03	
11	Fri			11:48	4.2	9:42	-0.8			5:40	10:03	
12	Sat			11:55	4.3	10:22	-0.8			5:42	10:02	
13	Sun					11:01	-0.8			5:43	10:01	
14	Mon	12:12	4.2			11:39	-0.8			5:44	10:00	
15	Tue	12:34	4.1					12:15	-0.7	5:45	9:59	
16	Wed	12:45	3.9					12:48	-0.6	5:46	9:58	
17	Thu	12:15	3.7	11:33	3.4			1:17	-0.4	5:48	9:57	
18	Fri			11:02	3.2			1:44	-0.1	5:49	9:56	
19	Sat			10:29	3.1			2:07	0.3	5:50	9:54	
20	Sun			10:05	3.1			2:22	0.8	5:52	9:53	
21	Mon	10:00	1.7	9:54	3.4	5:44	1.4	2:17	1.4	5:53	9:52	
22	Tue			9:55	3.8	6:02	0.7			5:54	9:51	
23	Wed			10:08	4.2	6:34	0.1			5:56	9:49	
24	Thu			10:34	4.6	7:13	-0.5			5:57	9:48	
25	Fri			11:12	5.0	7:58	-1.0			5:58	9:46	
26	Sat			11:59	5.1	8:47	-1.4			6:00	9:45	
27	Sun					9:39	-1.6			6:01	9:44	
28	Mon	12:54	5.1			10:32	-1.6			6:03	9:42	
29	Tue	1:55	4.8			11:24	-1.4			6:04	9:40	
30	Wed	3:04	4.3	9:22	3.1			12:13	-1.1	6:06	9:39	
31	Thu	4:26	3.6	9:01	3.1			12:59	-0.7	6:07	9:37	