

Adak Island, AK - Nov 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			12:34	3.8	3:06	-0.3			8:41	6:18	
2	Sun			12:57	3.6	3:45	0.0			8:43	6:16	
3	Mon			1:06	3.3	4:20	0.3			8:45	6:14	
4	Tue			1:00	3.2	4:49	0.6	7:28	2.3	8:47	6:13	
5	Wed			12:44	3.1	5:10	1.1	7:50	1.8	8:48	6:11	
6	Thu	12:07	2.1	12:30	3.2	5:16	1.6	8:20	1.3	8:50	6:09	
7	Fri			12:18	3.4			8:53	0.7	8:52	6:08	
8	Sat			12:13	3.8			9:31	0.1	8:54	6:06	
9	Sun			12:18	4.2			10:13	-0.4	8:56	6:04	
10	Mon			12:36	4.5			10:59	-0.9	8:57	6:03	
11	Tue			1:08	4.7			11:48	-1.2	8:59	6:01	
12	Wed			1:55	4.8					9:01	6:00	
13	Thu			3:00	4.7	12:38	-1.3			9:03	5:58	
14	Fri			4:22	4.4	1:29	-1.3			9:04	5:57	
15	Sat	11:35	4.1	5:52	3.9	2:18	-1.1	3:06	3.8	9:06	5:55	
16	Sun	11:38	3.9	7:28	3.4	3:06	-0.8	4:21	3.2	9:08	5:54	
17	Mon	11:45	3.7	9:13	2.8	3:49	-0.2	5:29	2.5	9:10	5:53	
18	Tue	11:56	3.7	11:14	2.4	4:28	0.5	6:31	1.7	9:11	5:51	
19	Wed			12:07	3.8	5:01	1.2	7:27	1.0	9:13	5:50	
20	Thu	1:51	2.2	12:18	3.9	5:18	2.0	8:18	0.3	9:15	5:49	
21	Fri			12:26	4.0			9:05	-0.2	9:16	5:48	
22	Sat			12:27	4.2			9:48	-0.5	9:18	5:47	
23	Sun			12:10	4.3			10:29	-0.7	9:20	5:46	
24	Mon	11:17	4.5					11:09	-0.7	9:21	5:45	
25	Tue	10:37	4.6					11:49	-0.7	9:23	5:44	
26	Wed	10:42	4.6							9:24	5:43	
27	Thu	11:00	4.5			12:28	-0.6			9:26	5:42	
28	Fri	11:19	4.4			1:07	-0.5			9:27	5:41	
29	Sat	11:35	4.2			1:44	-0.3			9:29	5:40	
30	Sun	11:45	3.9			2:18	-0.1			9:30	5:40	