

Adak Island, AK - Dec 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:44	3.7			2:48	0.2			9:32	5:39	
2	Tue	11:33	3.6			3:12	0.6			9:33	5:38	
3	Wed	11:19	3.6	11:05	1.9	3:26	1.1	7:18	1.7	9:34	5:38	
4	Thu	11:07	3.7			3:13	1.7	7:27	1.1	9:36	5:37	
5	Fri	11:00	4.0					7:51	0.5	9:37	5:37	
6	Sat	11:00	4.4					8:24	-0.1	9:38	5:36	
7	Sun	11:12	4.8					9:03	-0.6	9:39	5:36	
8	Mon	11:37	5.2					9:48	-1.1	9:40	5:36	
9	Tue			12:14	5.3			10:36	-1.3	9:42	5:36	
10	Wed			1:00	5.3			11:27	-1.5	9:43	5:35	
11	Thu			1:58	5.1					9:44	5:35	
12	Fri			3:06	4.7	12:17	-1.4			9:45	5:35	
13	Sat	10:31	4.2	4:31	4.1	1:05	-1.2	1:50	4.0	9:46	5:35	
14	Sun	10:22	4.0	6:13	3.4	1:51	-0.8	3:26	3.3	9:47	5:35	
15	Mon	10:27	4.0	8:10	2.7	2:33	-0.2	4:38	2.4	9:47	5:36	
16	Tue	10:38	4.1	10:25	2.2	3:09	0.6	5:37	1.5	9:48	5:36	
17	Wed	10:52	4.2			3:38	1.4	6:30	0.8	9:49	5:36	
18	Thu	1:23	2.2	11:06 AM	4.3	3:44	2.2	7:19	0.1	9:50	5:36	
19	Fri	11:18	4.5					8:04	-0.3	9:50	5:37	
20	Sat	11:25	4.6					8:46	-0.6	9:51	5:37	
21	Sun	11:22	4.7					9:27	-0.7	9:51	5:37	
22	Mon	11:07	4.7					10:07	-0.7	9:52	5:38	
23	Tue	10:56	4.8					10:46	-0.6	9:52	5:39	
24	Wed	10:59	4.7					11:24	-0.6	9:53	5:39	
25	Thu	11:05	4.6							9:53	5:40	
26	Fri	11:04	4.4			12:00	-0.5			9:53	5:41	
27	Sat	10:59	4.2			12:34	-0.3			9:53	5:41	
28	Sun	10:52	4.0			1:05	-0.1			9:53	5:42	
29	Mon	10:41	3.8			1:32	0.2			9:54	5:43	
30	Tue	10:22	3.7			1:54	0.6			9:54	5:44	
31	Wed	10:05	3.7	10:44	1.9	2:05	1.2	6:01	1.6	9:54	5:45	