

Adak Island, AK - Jan 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:43	3.9			1:23	1.8	6:12	1.0	9:53	5:46	
2	Fri	9:40	4.3					6:37	0.4	9:53	5:47	
3	Sat	9:48	4.7					7:10	-0.2	9:53	5:48	
4	Sun	10:08	5.1					7:50	-0.7	9:53	5:50	
5	Mon	10:40	5.4					8:35	-1.1	9:52	5:51	
6	Tue	11:23	5.6					9:24	-1.3	9:52	5:52	
7	Wed			12:14	5.5			10:14	-1.4	9:52	5:53	
8	Thu			1:11	5.3			11:03	-1.3	9:51	5:55	
9	Fri			2:18	4.8			11:51	-1.0	9:51	5:56	
10	Sat	9:16	3.9	3:40	4.1	11:45	3.8			9:50	5:57	
11	Sun	8:52	3.8	5:22	3.3	12:35	-0.6	1:49	3.0	9:49	5:59	
12	Mon	8:56	3.9	7:20	2.7	1:16	0.1	3:11	2.1	9:49	6:00	
13	Tue	9:10	4.1	9:37	2.3	1:53	0.8	4:14	1.3	9:48	6:02	
14	Wed	9:28	4.3			2:24	1.6	5:10	0.5	9:47	6:03	
15	Thu	12:23	2.4	9:49 AM	4.4	2:39	2.3	6:01	0.0	9:46	6:05	
16	Fri	10:10	4.6					6:49	-0.4	9:45	6:06	
17	Sat	10:29	4.6					7:35	-0.5	9:44	6:08	
18	Sun	10:45	4.7					8:19	-0.6	9:43	6:10	
19	Mon	10:56	4.7					9:03	-0.5	9:42	6:11	
20	Tue	11:05	4.6					9:44	-0.4	9:41	6:13	
21	Wed	11:18	4.5					10:22	-0.3	9:40	6:15	
22	Thu	11:31	4.3					10:57	-0.2	9:39	6:16	
23	Fri	11:32	4.1					11:29	0.0	9:38	6:18	
24	Sat	10:34	3.8					11:57	0.2	9:37	6:20	
25	Sun	9:49	3.5							9:35	6:22	
26	Mon	9:17	3.4			12:23	0.6			9:34	6:23	
27	Tue	8:48	3.3	6:53	2.1	12:43	1.0	4:20	2.1	9:33	6:25	
28	Wed	8:29	3.5	10:13	2.1	12:55	1.5	4:21	1.5	9:31	6:27	
29	Thu	8:21	3.7			12:25	2.0	4:42	0.9	9:30	6:29	
30	Fri	8:23	4.1					5:13	0.4	9:28	6:31	
31	Sat	8:36	4.5					5:50	-0.2	9:27	6:32	