

Adak Island, AK - May 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:44	3.0	12:23	2.3	7:36	1.7	6:53	0.7	6:16	9:10	
2	Sat	1:52	3.1	2:33	2.1	8:40	0.9	7:24	1.4	6:14	9:12	
3	Sun	2:04	3.3	5:25	2.2	9:38	0.2	7:37	2.1	6:12	9:13	
4	Mon	2:18	3.5			10:32	-0.4			6:10	9:15	
5	Tue	2:32	3.7			11:22	-0.8			6:09	9:17	
6	Wed	2:45	3.8					12:10	-1.1	6:07	9:18	
7	Thu	2:48	3.8	11:34	3.9			12:57	-1.2	6:05	9:20	
8	Fri			11:50	3.9			1:42	-1.1	6:03	9:22	
9	Sat							2:27	-1.0	6:02	9:23	
10	Sun	12:17	3.9					3:10	-0.8	6:00	9:25	
11	Mon	12:46	3.7					3:52	-0.6	5:58	9:26	
12	Tue	1:11	3.5					4:29	-0.3	5:57	9:28	
13	Wed	1:28	3.3					5:02	0.1	5:55	9:29	
14	Thu	1:34	3.1					5:29	0.5	5:54	9:31	
15	Fri	1:28	2.9	11:27 AM	1.8	8:31	1.7	5:45	1.0	5:52	9:33	
16	Sat	1:15	2.9	2:05	1.6	8:52	1.2	5:34	1.5	5:51	9:34	
17	Sun	1:02	3.0			9:17	0.7			5:49	9:36	
18	Mon	12:50	3.3			9:47	0.2			5:48	9:37	
19	Tue	12:43	3.6			10:21	-0.3			5:46	9:39	
20	Wed	12:48	4.0			10:58	-0.8			5:45	9:40	
21	Thu	1:06	4.3			11:40	-1.1			5:44	9:41	
22	Fri	1:37	4.5					12:26	-1.4	5:42	9:43	
23	Sat	2:20	4.5					1:13	-1.6	5:41	9:44	
24	Sun	3:16	4.4					2:01	-1.6	5:40	9:46	
25	Mon	4:26	4.1					2:47	-1.4	5:39	9:47	
26	Tue	12:29	3.7	5:52 AM	3.6	3:32	3.6	3:32	-1.1	5:38	9:48	
27	Wed	12:15	3.5	7:34 AM	3.0	4:57	2.9	4:13	-0.6	5:37	9:49	
28	Thu	12:14	3.4	9:29 AM	2.4	6:05	2.1	4:49	0.1	5:36	9:51	
29	Fri	12:20	3.4	11:40 AM	1.9	7:05	1.3	5:19	0.9	5:35	9:52	
30	Sat	12:30	3.6	2:25	1.8	7:59	0.5	5:30	1.6	5:34	9:53	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sun	12:43	3.8			8:49	-0.2			5:33	9:54	