

Adak Island, AK - Aug 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:38	4.0			11:10	-0.6			6:09	9:36	
2	Sun	12:52	3.8			11:47	-0.4			6:10	9:34	
3	Mon	12:53	3.5	11:06	3.2			12:20	-0.2	6:12	9:33	
4	Tue			10:17	3.0			12:50	0.1	6:13	9:31	
5	Wed			9:46	2.8			1:16	0.4	6:15	9:29	
6	Thu			9:19	2.8			1:39	0.9	6:16	9:27	
7	Fri	8:27	1.9	9:04	3.0	4:19	1.6	1:55	1.4	6:18	9:26	
8	Sat	11:16	1.9	8:59	3.2	4:42	1.1	1:46	1.9	6:19	9:24	
9	Sun			9:01	3.5	5:12	0.6			6:21	9:22	
10	Mon			9:13	3.9	5:46	0.2			6:23	9:20	
11	Tue			9:38	4.3	6:25	-0.3			6:24	9:18	
12	Wed			10:16	4.6	7:08	-0.6			6:26	9:16	
13	Thu			11:04	4.8	7:54	-0.9			6:27	9:14	
14	Fri			11:58	4.8	8:42	-1.1			6:29	9:12	
15	Sat					9:32	-1.1			6:31	9:10	
16	Sun	1:00	4.6			10:21	-1.0			6:32	9:08	
17	Mon	2:11	4.1			11:08	-0.7			6:34	9:06	
18	Tue	3:38	3.6	7:28	2.7	11:54	-0.2			6:36	9:04	
19	Wed	5:22	3.0	7:33	3.0	12:07	2.1	12:39	0.4	6:37	9:02	
20	Thu	7:19	2.6	7:52	3.3	1:39	1.3	1:22	1.1	6:39	9:00	
21	Fri	9:24	2.5	8:17	3.6	2:50	0.6	2:04	1.8	6:40	8:58	
22	Sat	11:27	2.6	8:48	3.8	3:51	-0.1	2:46	2.3	6:42	8:56	
23	Sun			1:18	2.9	4:48	-0.5	3:25	2.8	6:44	8:54	
24	Mon			9:58	4.0	5:42	-0.7			6:45	8:51	
25	Tue			10:36	4.0	6:35	-0.8			6:47	8:49	
26	Wed			11:12	4.0	7:27	-0.7			6:49	8:47	
27	Thu			11:47	3.8	8:18	-0.5			6:50	8:45	
28	Fri					9:07	-0.4			6:52	8:43	
29	Sat	12:19	3.6			9:51	-0.2			6:53	8:40	
30	Sun	12:52	3.4			10:32	0.1			6:55	8:38	
31	Mon	1:32	3.1			11:07	0.4			6:57	8:36	