

Adak Island, AK - Mar 1974

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:37	4.1					5:27	-0.4	8:31	7:26	
2	Sat	9:22	4.3					6:16	-0.6	8:29	7:28	
3	Sun	10:15	4.4					7:05	-0.6	8:27	7:29	
4	Mon	11:15	4.4					7:54	-0.6	8:24	7:31	
5	Tue			12:20	4.1			8:43	-0.3	8:22	7:33	
6	Wed	5:04	2.7	1:33	3.8	7:30	2.6	9:31	0.0	8:20	7:35	
7	Thu	5:02	2.7	2:57	3.3	9:15	2.3	10:18	0.5	8:18	7:36	
8	Fri	5:17	2.8	4:31	3.0	10:47	1.8	11:06	1.0	8:15	7:38	
9	Sat	5:40	3.0	6:15	2.7			12:07	1.2	8:13	7:40	
10	Sun	6:08	3.2	8:03	2.7			1:15	0.7	8:11	7:42	
11	Mon	6:39	3.3	9:43	2.8	12:47	2.0	2:15	0.3	8:09	7:43	
12	Tue	7:13	3.5	11:09	3.0	1:40	2.4	3:10	0.0	8:06	7:45	
13	Wed	7:49	3.5			2:34	2.7	4:02	-0.1	8:04	7:47	
14	Thu	12:23	3.1	8:27 AM	3.6	3:26	2.9	4:52	-0.2	8:02	7:49	
15	Fri	1:28	3.2	9:05 AM	3.6	4:12	3.0	5:40	-0.2	8:00	7:50	
16	Sat	2:29	3.1	9:44 AM	3.5	4:52	3.1	6:27	-0.1	7:57	7:52	
17	Sun	10:24	3.4					7:12	0.1	7:55	7:54	
18	Mon	11:06	3.3					7:53	0.3	7:53	7:56	
19	Tue	11:51	3.1					8:30	0.5	7:50	7:57	
20	Wed	5:06	2.6	12:44	2.9	7:42	2.5	9:04	0.8	7:48	7:59	
21	Thu	5:00	2.5	1:52	2.6	8:51	2.3	9:35	1.1	7:46	8:01	
22	Fri	4:46	2.4	3:22	2.4	10:00	1.9	10:04	1.5	7:43	8:02	
23	Sat	4:38	2.5	5:16	2.3	11:02	1.5	10:31	1.9	7:41	8:04	
24	Sun	4:38	2.6	7:49	2.4	11:56	1.1	10:52	2.3	7:39	8:06	
25	Mon	4:44	2.9					12:45	0.6	7:36	8:08	
26	Tue	4:57	3.1					1:33	0.2	7:34	8:09	
27	Wed	5:23	3.4					2:20	-0.2	7:32	8:11	
28	Thu	6:02	3.6					3:09	-0.5	7:30	8:13	
29	Fri	6:53	3.8					3:59	-0.7	7:27	8:14	
30	Sat	7:53	3.9					4:48	-0.7	7:25	8:16	
31	Sun	8:59	3.8					5:38	-0.7	7:23	8:18	