

Adak Island, AK - May 1975

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:19	3.1			4:32	2.9	3:59	-0.5	6:16	9:10	
2	Fri	12:21	3.4	8:20 AM	2.8	5:35	2.7	4:41	-0.1	6:15	9:11	
3	Sat	12:50	3.3	9:29 AM	2.5	6:31	2.3	5:20	0.2	6:13	9:13	
4	Sun	1:12	3.1	10:47 AM	2.2	7:20	2.0	5:53	0.7	6:11	9:15	
5	Mon	1:26	3.0	12:20	1.9	8:02	1.6	6:19	1.1	6:09	9:16	
6	Tue	1:32	2.9	2:19	1.8	8:40	1.2	6:32	1.6	6:07	9:18	
7	Wed	1:33	2.9			9:15	0.9			6:05	9:20	
8	Thu	1:32	3.0			9:50	0.5			6:04	9:21	
9	Fri	1:28	3.2			10:25	0.2			6:02	9:23	
10	Sat	1:23	3.4			11:02	-0.2			6:00	9:24	
11	Sun	1:24	3.6			11:40	-0.4			5:59	9:26	
12	Mon	1:37	3.7					12:20	-0.7	5:57	9:28	
13	Tue	2:00	3.8					1:01	-0.8	5:55	9:29	
14	Wed	2:32	3.8					1:44	-0.9	5:54	9:31	
15	Thu	12:48	3.7					2:26	-0.9	5:52	9:32	
16	Fri	12:20	3.5					3:08	-0.8	5:51	9:34	
17	Sat	12:07	3.4	6:58 AM	3.0	4:45	2.9	3:49	-0.5	5:49	9:35	
18	Sun	12:02	3.3	8:49 AM	2.6	5:36	2.4	4:28	0.0	5:48	9:37	
19	Mon	12:05	3.3	10:42 AM	2.2	6:28	1.7	5:04	0.6	5:47	9:38	
20	Tue	12:17	3.4	12:41	1.9	7:20	1.0	5:37	1.2	5:45	9:40	
21	Wed	12:34	3.6	2:56	2.0	8:12	0.3	6:00	1.8	5:44	9:41	
22	Thu	12:55	3.8			9:03	-0.3			5:43	9:43	
23	Fri	1:20	4.0			9:55	-0.7			5:42	9:44	
24	Sat	1:48	4.1			10:45	-1.0			5:40	9:45	
25	Sun	2:19	4.1			11:35	-1.2			5:39	9:47	
26	Mon	2:51	4.0					12:23	-1.2	5:38	9:48	
27	Tue	3:24	3.8	10:38	3.7			1:09	-1.1	5:37	9:49	
28	Wed			10:58	3.6			1:53	-0.9	5:36	9:50	
29	Thu			11:20	3.5			2:35	-0.6	5:35	9:52	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Fri			11:39	3.4			3:12	-0.3	5:34	9:53	
31	Sat			11:54	3.3			3:46	0.1	5:33	9:54	