

Adak Island, AK - Jun 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:15	3.7					1:43	-0.7	5:32	9:56	
2	Wed	12:01	3.6	11:48	3.4			2:19	-0.6	5:31	9:57	
3	Thu			11:33	3.3			2:54	-0.3	5:30	9:58	
4	Fri			11:25	3.3			3:27	0.0	5:30	9:59	
5	Sat	9:04	2.1	11:28	3.4	6:04	1.9	3:58	0.5	5:29	10:00	
6	Sun	11:14	1.8	11:40	3.6	6:39	1.3	4:25	1.0	5:29	10:01	
7	Mon			1:30	1.8	7:21	0.6	4:41	1.6	5:28	10:02	
8	Tue					8:07	-0.1			5:28	10:03	
9	Wed	12:25	4.2			8:56	-0.6			5:27	10:03	
10	Thu	12:57	4.4			9:47	-1.0			5:27	10:04	
11	Fri	1:34	4.4			10:38	-1.3			5:27	10:05	
12	Sat	2:17	4.4			11:29	-1.4			5:26	10:06	
13	Sun	3:04	4.1					12:19	-1.3	5:26	10:06	
14	Mon	3:58	3.8	10:03	3.6			1:07	-1.1	5:26	10:07	
15	Tue	4:58	3.4	10:22	3.6	1:55	3.3	1:53	-0.8	5:26	10:07	
16	Wed	6:07	2.9	10:44	3.5	3:31	2.8	2:35	-0.4	5:26	10:08	
17	Thu	7:27	2.5	11:05	3.5	4:45	2.4	3:14	0.0	5:26	10:08	
18	Fri	8:59	2.1	11:24	3.5	5:43	1.9	3:47	0.5	5:26	10:08	
19	Sat	10:47	1.8	11:38	3.5	6:32	1.4	4:14	1.0	5:26	10:09	
20	Sun			1:09	1.7	7:14	0.9	4:25	1.5	5:26	10:09	
21	Mon			11:59	3.5	7:52	0.6			5:27	10:09	
22	Tue					8:28	0.2			5:27	10:09	
23	Wed	12:06	3.7			9:03	0.0			5:27	10:09	
24	Thu	12:12	3.8			9:37	-0.3			5:28	10:09	
25	Fri	12:18	3.9			10:12	-0.4			5:28	10:09	
26	Sat	12:30	4.0			10:48	-0.6			5:28	10:09	
27	Sun	12:49	4.0			11:24	-0.7			5:29	10:09	
28	Mon	1:12	4.0					12:01	-0.7	5:30	10:09	
29	Tue	1:37	3.8	11:55	3.5			12:37	-0.7	5:30	10:09	
30	Wed			10:50	3.3			1:12	-0.5	5:31	10:09	