

Adak Island, AK - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:33	2.1	9:16	3.7	3:58	1.0	2:28	1.4	6:09	9:35	
2	Mon	11:29	2.1	9:45	3.9	4:52	0.4	2:59	1.9	6:11	9:33	
3	Tue			10:20	4.2	5:45	-0.1			6:12	9:32	
4	Wed			10:59	4.3	6:38	-0.5			6:14	9:30	
5	Thu			11:42	4.3	7:31	-0.7			6:16	9:28	
6	Fri					8:23	-0.8			6:17	9:26	
7	Sat	12:28	4.2			9:15	-0.7			6:19	9:25	
8	Sun	1:15	4.0			10:05	-0.6			6:20	9:23	
9	Mon	2:06	3.7	7:49	2.9	10:54	-0.4	9:55	2.9	6:22	9:21	
10	Tue	3:03	3.3	8:01	2.9	11:39	-0.1	11:46	2.6	6:24	9:19	
11	Wed	4:09	3.0	8:14	2.9			12:22	0.3	6:25	9:17	
12	Thu	5:28	2.6	8:27	2.9	1:13	2.3	1:02	0.6	6:27	9:15	
13	Fri	6:56	2.4	8:38	2.9	2:18	1.9	1:38	1.0	6:28	9:13	
14	Sat	8:31	2.2	8:51	3.0	3:09	1.5	2:11	1.4	6:30	9:11	
15	Sun	10:14	2.2	9:05	3.1	3:53	1.1	2:41	1.8	6:32	9:09	
16	Mon			12:03	2.3	4:35	0.8	3:03	2.1	6:33	9:07	
17	Tue			9:43	3.4	5:17	0.5			6:35	9:05	
18	Wed			10:04	3.5	5:58	0.3			6:36	9:03	
19	Thu			10:29	3.7	6:39	0.1			6:38	9:01	
20	Fri			10:57	3.7	7:20	0.0			6:40	8:59	
21	Sat			11:32	3.8	8:00	-0.1			6:41	8:57	
22	Sun					8:40	-0.1			6:43	8:54	
23	Mon	12:15	3.7			9:20	-0.1			6:45	8:52	
24	Tue	1:09	3.5			10:01	0.1			6:46	8:50	
25	Wed	2:20	3.3	6:40	2.5	10:42	0.3	10:18	2.3	6:48	8:48	
26	Thu	3:50	3.0	6:28	2.6	11:24	0.6	11:58	1.8	6:49	8:46	
27	Fri	5:30	2.7	6:42	2.9			12:07	1.0	6:51	8:44	
28	Sat	7:14	2.5	7:07	3.2	1:13	1.2	12:50	1.5	6:53	8:41	
29	Sun	8:56	2.5	7:40	3.5	2:18	0.6	1:35	1.9	6:54	8:39	
30	Mon	10:33	2.6	8:19	3.7	3:17	0.1	2:21	2.2	6:56	8:37	
31	Tue			12:01	2.8	4:15	-0.3	3:08	2.5	6:58	8:35	