

Adak Island, AK - Oct 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			1:22	3.3	5:30	-0.5	5:41	2.6	7:48	7:23	
2	Sat			2:02	3.2	6:22	-0.1	6:44	2.4	7:50	7:21	
3	Sun			2:38	3.1	7:12	0.2	7:47	2.1	7:51	7:18	
4	Mon	12:49	2.9	3:08	2.9	7:59	0.7	8:49	1.8	7:53	7:16	
5	Tue	2:09	2.6	3:32	2.8	8:45	1.2	9:47	1.6	7:55	7:14	
6	Wed	3:42	2.5	3:48	2.8	9:29	1.6	10:38	1.3	7:56	7:12	
7	Thu	5:35	2.4	3:57	2.7	10:15	2.1	11:24	1.0	7:58	7:09	
8	Fri	7:32	2.6	4:02	2.8	11:08	2.4			8:00	7:07	
9	Sat	9:06	2.9	4:05	2.9	12:05	0.7	12:18	2.8	8:01	7:05	
10	Sun	10:10	3.1	4:04	3.0	12:43	0.5	1:48	3.0	8:03	7:03	
11	Mon	10:57	3.3			1:21	0.3			8:05	7:00	
12	Tue	11:37	3.4			2:00	0.2			8:07	6:58	
13	Wed			12:15	3.5	2:39	0.1			8:08	6:56	
14	Thu			12:50	3.4	3:19	0.0			8:10	6:54	
15	Fri			1:20	3.4	3:58	0.0			8:12	6:52	
16	Sat			1:38	3.2	4:36	0.1	5:37	3.0	8:13	6:49	
17	Sun			1:38	3.1	5:14	0.2	6:09	2.7	8:15	6:47	
18	Mon			1:32	3.0	5:50	0.5	6:50	2.3	8:17	6:45	
19	Tue			1:32	3.0	6:25	0.8	7:39	1.8	8:19	6:43	
20	Wed	12:50	2.5	1:41	3.1	6:59	1.3	8:34	1.3	8:20	6:41	
21	Thu	2:38	2.4	1:59	3.4	7:33	1.8	9:31	0.7	8:22	6:39	
22	Fri	4:40	2.5	2:25	3.6	8:09	2.3	10:29	0.1	8:24	6:37	
23	Sat			3:00	3.9			11:28	-0.4	8:26	6:35	
24	Sun			3:44	4.0					8:28	6:33	
25	Mon	9:35	3.5	4:36	4.1	12:25	-0.7	11:39 AM	3.5	8:29	6:31	
26	Tue	10:14	3.7	5:37	4.0	1:21	-0.9	1:16	3.5	8:31	6:29	
27	Wed	10:50	3.8	6:43	3.8	2:16	-1.0	2:41	3.4	8:33	6:27	
28	Thu	11:26	3.8	7:53	3.6	3:09	-0.8	3:57	3.1	8:35	6:25	
29	Fri			12:01	3.8	4:01	-0.5	5:07	2.8	8:36	6:23	
30	Sat			12:34	3.7	4:50	-0.1	6:12	2.4	8:38	6:21	
31	Sun			12:04	3.6	4:36	0.4	6:14	2.0	8:40	6:19	