

Adak Island, AK - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:30	3.5	5:18	0.9	7:10	1.6	8:42	6:17	
2	Tue	12:27	2.4	12:49	3.4	5:55	1.5	8:01	1.2	8:44	6:16	
3	Wed	2:28	2.3	1:01	3.3	6:23	2.0	8:45	0.9	8:45	6:14	
4	Thu			1:04	3.3			9:24	0.6	8:47	6:12	
5	Fri			12:57	3.4			10:00	0.4	8:49	6:10	
6	Sat			12:30	3.5			10:34	0.2	8:51	6:09	
7	Sun	11:32	3.7					11:09	0.1	8:53	6:07	
8	Mon	10:36	3.8					11:45	-0.1	8:54	6:05	
9	Tue	10:32	3.9							8:56	6:04	
10	Wed	10:45	3.9			12:21	-0.1			8:58	6:02	
11	Thu	11:03	3.9			12:58	-0.2			9:00	6:01	
12	Fri	11:17	3.8			1:34	-0.1			9:01	5:59	
13	Sat	11:23	3.7			2:10	0.0			9:03	5:58	
14	Sun	11:18	3.6			2:43	0.2			9:05	5:56	
15	Mon	11:12	3.5	8:45	2.4	3:15	0.5	5:44	2.3	9:07	5:55	
16	Tue	11:11	3.6	10:48	2.2	3:45	0.9	6:13	1.7	9:08	5:54	
17	Wed	11:19	3.8			4:10	1.4	6:52	1.1	9:10	5:52	
18	Thu	12:56	2.2	11:35 AM	4.0	4:26	2.0	7:38	0.4	9:12	5:51	
19	Fri	11:59	4.3					8:27	-0.1	9:13	5:50	
20	Sat			12:30	4.5			9:20	-0.6	9:15	5:49	
21	Sun			1:09	4.7			10:13	-0.9	9:17	5:48	
22	Mon			1:56	4.6			11:07	-1.1	9:18	5:46	
23	Tue			2:51	4.5					9:20	5:45	
24	Wed	9:09	4.0	3:55	4.2	12:00	-1.1	12:09	3.9	9:22	5:44	
25	Thu	9:28	4.1	5:07	3.8	12:51	-0.9	1:51	3.5	9:23	5:43	
26	Fri	9:54	4.1	6:25	3.3	1:40	-0.6	3:13	3.1	9:25	5:43	
27	Sat	10:21	4.0	7:50	2.8	2:25	-0.2	4:22	2.5	9:26	5:42	
28	Sun	10:47	4.0	9:25	2.5	3:08	0.4	5:23	2.0	9:28	5:41	
29	Mon	11:11	3.9	11:16	2.2	3:46	0.9	6:17	1.5	9:29	5:40	
30	Tue	11:29	3.9			4:17	1.5	7:04	1.1	9:31	5:39	