

Adak Island, AK - Dec 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:37	2.2	11:42 AM	3.9	4:32	2.1	7:46	0.7	9:32	5:39	
2	Thu	11:49	3.9					8:23	0.5	9:33	5:38	
3	Fri	11:50	3.9					8:58	0.2	9:35	5:38	
4	Sat	11:42	4.0					9:32	0.1	9:36	5:37	
5	Sun	11:30	4.2					10:05	-0.1	9:37	5:37	
6	Mon	11:25	4.3					10:40	-0.2	9:38	5:36	
7	Tue	11:22	4.3					11:15	-0.2	9:40	5:36	
8	Wed	11:04	4.2					11:49	-0.2	9:41	5:36	
9	Thu	10:44	4.2							9:42	5:36	
10	Fri	10:38	4.1			12:24	-0.2			9:43	5:35	
11	Sat	10:30	3.9			12:57	-0.1			9:44	5:35	
12	Sun	10:17	3.8			1:29	0.2			9:45	5:35	
13	Mon	10:06	3.8			1:58	0.5			9:46	5:35	
14	Tue	10:04	3.9	9:43	2.1	2:25	1.0	5:31	1.7	9:47	5:35	
15	Wed	10:13	4.1			2:45	1.5	6:03	1.1	9:48	5:36	
16	Thu	12:09	2.1	10:29 AM	4.4	2:47	2.0	6:44	0.4	9:48	5:36	
17	Fri	10:53	4.7					7:29	-0.2	9:49	5:36	
18	Sat	11:23	5.0					8:17	-0.6	9:50	5:36	
19	Sun			12:01	5.1			9:07	-0.9	9:50	5:37	
20	Mon			12:44	5.0			9:59	-1.0	9:51	5:37	
21	Tue			1:34	4.8			10:49	-1.0	9:51	5:38	
22	Wed			2:30	4.5			11:39	-0.8	9:52	5:38	
23	Thu	8:41	4.0	3:34	4.0			12:00	3.8	9:52	5:39	
24	Fri	8:54	4.0	4:49	3.5	12:26	-0.5	1:48	3.3	9:53	5:39	
25	Sat	9:15	4.0	6:15	3.0	1:10	-0.1	3:08	2.8	9:53	5:40	
26	Sun	9:37	4.0	7:52	2.5	1:51	0.4	4:12	2.2	9:53	5:41	
27	Mon	9:58	4.0	9:44	2.3	2:28	0.9	5:05	1.7	9:53	5:42	
28	Tue	10:16	4.0			2:58	1.5	5:51	1.2	9:53	5:43	
29	Wed	12:02	2.2	10:32 AM	4.0	3:16	2.0	6:33	0.8	9:54	5:43	
30	Thu	10:45	4.1					7:12	0.5	9:54	5:44	
31	Fri	10:54	4.2					7:52	0.4	9:53	5:45	