

Adak Island, AK - Jul 1977

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:17	4.5			11:23	-1.3			5:31	10:08	
2	Sat	3:15	4.2	9:17	3.4			12:13	-1.2	5:32	10:08	
3	Sun	4:22	3.8	9:26	3.4			1:03	-1.0	5:33	10:08	
4	Mon	5:37	3.3	9:47	3.5	1:43	2.9	1:49	-0.6	5:34	10:07	
5	Tue	7:00	2.8	10:11	3.6	3:12	2.4	2:33	-0.1	5:35	10:07	
6	Wed	8:31	2.3	10:37	3.6	4:25	1.8	3:14	0.4	5:35	10:06	
7	Thu	10:13	2.0	11:01	3.6	5:26	1.3	3:51	0.9	5:36	10:05	
8	Fri			12:12	1.9	6:21	0.8	4:20	1.5	5:37	10:05	
9	Sat			11:42	3.7	7:09	0.5			5:38	10:04	
10	Sun			11:58	3.7	7:54	0.2			5:39	10:03	
11	Mon					8:35	0.0			5:41	10:02	
12	Tue	12:10	3.8			9:14	-0.2			5:42	10:02	
13	Wed	12:20	3.8			9:51	-0.3			5:43	10:01	
14	Thu	12:29	3.8			10:27	-0.3			5:44	10:00	
15	Fri	12:41	3.8			11:02	-0.4			5:45	9:59	
16	Sat	12:56	3.7			11:36	-0.4			5:46	9:58	
17	Sun	1:10	3.6	11:49	3.4			12:10	-0.3	5:48	9:57	
18	Mon			10:37	3.2			12:43	-0.2	5:49	9:55	
19	Tue			10:08	3.1			1:14	0.0	5:50	9:54	
20	Wed			9:47	3.1			1:44	0.3	5:52	9:53	
21	Thu	7:05	2.2	9:42	3.2	4:19	2.1	2:12	0.7	5:53	9:52	
22	Fri	9:07	1.9	9:49	3.4	4:47	1.5	2:36	1.2	5:54	9:51	
23	Sat	11:09	1.8	10:06	3.7	5:25	0.9	2:52	1.6	5:56	9:49	
24	Sun			10:31	4.1	6:07	0.4			5:57	9:48	
25	Mon			11:04	4.3	6:52	-0.1			5:59	9:46	
26	Tue			11:43	4.5	7:40	-0.6			6:00	9:45	
27	Wed					8:30	-0.8			6:02	9:43	
28	Thu	12:29	4.5			9:21	-1.0			6:03	9:42	
29	Fri	1:20	4.4			10:13	-0.9			6:04	9:40	
30	Sat	2:18	4.1			11:04	-0.8			6:06	9:39	
31	Sun	3:23	3.7	8:07	3.0	11:53	-0.5	11:52	2.7	6:08	9:37	