

Adak Island, AK - Jan 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:58	4.0	3:49	4.1			12:03	3.8	9:53	5:46	
2	Tue	9:00	4.0	5:17	3.5	12:38	-0.6	1:46	3.3	9:53	5:47	
3	Wed	9:16	4.1	6:54	3.0	1:24	-0.2	3:05	2.6	9:53	5:48	
4	Thu	9:39	4.2	8:38	2.6	2:08	0.3	4:12	1.9	9:53	5:49	
5	Fri	10:05	4.3	10:35	2.4	2:50	0.9	5:12	1.3	9:53	5:50	
6	Sat	10:33	4.4			3:28	1.5	6:07	0.7	9:52	5:52	
7	Sun	12:46	2.4	11:00 AM	4.4	3:59	2.1	6:58	0.3	9:52	5:53	
8	Mon	11:25	4.4					7:46	0.0	9:51	5:54	
9	Tue	11:46	4.4					8:31	-0.1	9:51	5:56	
10	Wed			12:02	4.3			9:13	-0.2	9:50	5:57	
11	Thu			12:10	4.2			9:53	-0.2	9:49	5:59	
12	Fri			12:02	4.2			10:30	-0.1	9:49	6:00	
13	Sat	11:33	4.1					11:04	0.0	9:48	6:02	
14	Sun	10:17	4.0					11:37	0.1	9:47	6:03	
15	Mon	9:52	3.8							9:46	6:05	
16	Tue	9:47	3.7			12:09	0.2			9:46	6:06	
17	Wed	9:43	3.6			12:40	0.5			9:45	6:08	
18	Thu	9:36	3.6			1:08	0.7			9:44	6:09	
19	Fri	9:30	3.6	7:56	2.2	1:34	1.1	5:03	2.1	9:43	6:11	
20	Sat	9:29	3.7	10:08	2.0	1:53	1.5	5:16	1.6	9:42	6:13	
21	Sun	9:33	3.8			1:57	1.9	5:40	1.1	9:40	6:14	
22	Mon	9:43	4.1					6:11	0.7	9:39	6:16	
23	Tue	10:00	4.4					6:46	0.2	9:38	6:18	
24	Wed	10:26	4.6					7:27	-0.2	9:37	6:20	
25	Thu	11:02	4.8					8:11	-0.5	9:35	6:21	
26	Fri	11:47	4.9					8:59	-0.7	9:34	6:23	
27	Sat			12:40	4.8			9:48	-0.7	9:33	6:25	
28	Sun			1:43	4.5			10:37	-0.6	9:31	6:27	
29	Mon	7:40	3.4	2:57	4.1	9:46	3.4	11:27	-0.4	9:30	6:29	
30	Tue	7:33	3.5	4:22	3.6	11:48	3.0			9:28	6:30	
31	Wed	7:50	3.6	5:55	3.1	12:15	0.0	1:20	2.4	9:27	6:32	