

Adak Island, AK - Jul 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			11:25	3.3			3:30	0.7	5:31	10:09	
2	Mon	10:10	1.7	11:27	3.3	7:05	1.6	3:48	1.1	5:32	10:08	
3	Tue			12:27	1.6	7:24	1.2	3:43	1.5	5:33	10:08	
4	Wed			11:38	3.6	7:49	0.7			5:33	10:07	
5	Thu			11:50	3.9	8:17	0.3			5:34	10:07	
6	Fri					8:51	-0.1			5:35	10:06	
7	Sat	12:09	4.1			9:28	-0.5			5:36	10:06	
8	Sun	12:38	4.3			10:09	-0.8			5:37	10:05	
9	Mon	1:18	4.4			10:53	-1.0			5:38	10:04	
10	Tue	2:06	4.3			11:40	-1.1			5:39	10:04	
11	Wed	3:06	4.1					12:27	-1.1	5:40	10:03	
12	Thu	4:19	3.7	9:42	3.3			1:13	-0.9	5:41	10:02	
13	Fri	5:45	3.3	9:50	3.4	1:50	2.9	1:58	-0.5	5:42	10:01	
14	Sat	7:19	2.8	10:09	3.6	3:16	2.3	2:42	-0.1	5:43	10:00	
15	Sun	9:01	2.3	10:34	3.7	4:27	1.6	3:24	0.5	5:45	9:59	
16	Mon	10:52	2.1	11:02	3.9	5:30	1.0	4:04	1.1	5:46	9:58	
17	Tue			12:55	2.0	6:28	0.4	4:39	1.7	5:47	9:57	
18	Wed					7:23	-0.1			5:48	9:56	
19	Thu	12:02	4.0			8:14	-0.4			5:50	9:55	
20	Fri	12:30	4.0			9:03	-0.5			5:51	9:54	
21	Sat	12:56	4.0			9:50	-0.6			5:52	9:52	
22	Sun	1:18	3.9			10:34	-0.6			5:54	9:51	
23	Mon	1:35	3.7			11:16	-0.5			5:55	9:50	
24	Tue	1:40	3.6	11:07	3.4	11:54	-0.4			5:56	9:48	
25	Wed			10:27	3.3			12:29	-0.2	5:58	9:47	
26	Thu			10:23	3.2			1:02	0.0	5:59	9:46	
27	Fri			10:20	3.1			1:33	0.2	6:01	9:44	
28	Sat			10:14	3.1			2:03	0.5	6:02	9:43	
29	Sun	7:18	2.1	10:10	3.1	4:54	2.1	2:30	0.8	6:04	9:41	
30	Mon	9:06	1.9	10:12	3.2	5:17	1.7	2:52	1.2	6:05	9:40	
31	Tue	11:01	1.8	10:17	3.3	5:45	1.3	3:04	1.6	6:07	9:38	