

Adak Island, AK - Aug 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed			10:27	3.5	6:16	0.9			6:08	9:36	
2	Thu			10:43	3.8	6:49	0.5			6:10	9:35	
3	Fri			11:07	4.0	7:26	0.1			6:11	9:33	
4	Sat			11:40	4.2	8:05	-0.3			6:13	9:31	
5	Sun					8:49	-0.5			6:14	9:29	
6	Mon	12:24	4.3			9:35	-0.7			6:16	9:28	
7	Tue	1:16	4.3			10:23	-0.8			6:18	9:26	
8	Wed	2:19	4.1			11:12	-0.7			6:19	9:24	
9	Thu	3:33	3.7	8:02	2.9			12:01	-0.5	6:21	9:22	
10	Fri	4:59	3.3	8:14	3.1			12:50	-0.1	6:22	9:20	
11	Sat	6:32	2.9	8:38	3.3	1:30	2.0	1:37	0.3	6:24	9:18	
12	Sun	8:10	2.6	9:08	3.5	2:47	1.4	2:24	0.8	6:26	9:16	
13	Mon	9:52	2.4	9:41	3.7	3:55	0.8	3:10	1.3	6:27	9:14	
14	Tue	11:37	2.4	10:17	3.8	4:56	0.3	3:55	1.8	6:29	9:13	
15	Wed			1:19	2.5	5:53	0.0	4:38	2.2	6:30	9:11	
16	Thu			2:55	2.6	6:48	-0.3	5:19	2.5	6:32	9:09	
17	Fri					7:40	-0.3			6:34	9:06	
18	Sat	12:04	3.8			8:30	-0.3			6:35	9:04	
19	Sun	12:36	3.7			9:18	-0.2			6:37	9:02	
20	Mon	1:06	3.5			10:03	-0.1			6:39	9:00	
21	Tue	1:35	3.3			10:44	0.1			6:40	8:58	
22	Wed	2:09	3.1	9:12	2.9	11:23	0.3	11:17	2.8	6:42	8:56	
23	Thu	2:58	2.9	9:01	2.7	11:58	0.5			6:43	8:54	
24	Fri	4:11	2.7	8:50	2.7	12:56	2.6	12:32	0.7	6:45	8:52	
25	Sat	5:39	2.4	8:36	2.7	1:54	2.3	1:04	1.0	6:47	8:50	
26	Sun	7:10	2.3	8:31	2.7	2:37	1.9	1:36	1.3	6:48	8:47	
27	Mon	8:43	2.2	8:35	2.9	3:16	1.5	2:05	1.6	6:50	8:45	
28	Tue	10:21	2.2	8:45	3.0	3:53	1.2	2:30	1.9	6:51	8:43	
29	Wed			12:09	2.3	4:31	0.8	2:44	2.2	6:53	8:41	
30	Thu			9:21	3.5	5:09	0.5			6:55	8:39	
31	Fri			9:52	3.7	5:50	0.2			6:56	8:36	