

Adak Island, AK - Dec 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			12:33	4.3			8:49	-0.1	9:31	5:39	
2	Sun			1:00	4.3			9:38	-0.4	9:32	5:39	
3	Mon			1:27	4.3			10:27	-0.6	9:34	5:38	
4	Tue			1:53	4.2			11:14	-0.6	9:35	5:37	
5	Wed	9:13	4.1	2:11	4.0	11:49	4.0	11:58	-0.6	9:36	5:37	
6	Thu	9:30	4.2							9:38	5:37	
7	Fri	9:54	4.2			12:41	-0.4			9:39	5:36	
8	Sat	10:18	4.1			1:21	-0.2			9:40	5:36	
9	Sun	10:40	4.0			1:59	0.1			9:41	5:36	
10	Mon	10:57	3.9			2:33	0.4			9:42	5:36	
11	Tue	11:09	3.8	9:08	2.2	3:04	0.8	6:36	2.1	9:43	5:35	
12	Wed	11:15	3.7	11:07	2.0	3:28	1.2	6:59	1.7	9:44	5:35	
13	Thu	11:19	3.8			3:42	1.7	7:25	1.3	9:45	5:35	
14	Fri	11:23	3.8					7:52	1.0	9:46	5:35	
15	Sat	11:26	4.0					8:21	0.6	9:47	5:35	
16	Sun	11:32	4.2					8:53	0.3	9:48	5:36	
17	Mon	11:42	4.3					9:28	0.0	9:49	5:36	
18	Tue			12:02	4.5			10:05	-0.3	9:49	5:36	
19	Wed			12:30	4.6			10:45	-0.5	9:50	5:36	
20	Thu			1:07	4.5			11:27	-0.6	9:51	5:37	
21	Fri			1:55	4.3					9:51	5:37	
22	Sat	10:02	4.0	3:01	4.0	12:10	-0.6	12:53	4.0	9:52	5:38	
23	Sun	9:45	4.0	4:36	3.5	12:52	-0.4	2:27	3.5	9:52	5:38	
24	Mon	9:47	4.0	6:26	3.0	1:34	-0.1	3:31	2.9	9:52	5:39	
25	Tue	9:59	4.1	8:18	2.6	2:15	0.3	4:27	2.2	9:53	5:40	
26	Wed	10:17	4.2	10:17	2.3	2:53	0.8	5:20	1.5	9:53	5:40	
27	Thu	10:40	4.3			3:28	1.4	6:12	0.8	9:53	5:41	
28	Fri	12:32	2.3	11:05 AM	4.5	3:55	2.0	7:02	0.3	9:53	5:42	
29	Sat	11:31	4.6					7:51	-0.1	9:53	5:43	
30	Sun	11:58	4.6					8:39	-0.4	9:54	5:44	
31	Mon			12:25	4.6			9:28	-0.5	9:53	5:45	