

Adak Island, AK - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue			12:48	4.5			10:13	-0.6	9:53	5:46	
2	Wed			1:03	4.3			10:56	-0.5	9:53	5:47	
3	Thu			12:25	4.1			11:37	-0.4	9:53	5:48	
4	Fri	9:35	4.1							9:53	5:49	
5	Sat	9:45	4.0			12:15	-0.2			9:53	5:50	
6	Sun	9:58	3.9			12:51	0.1			9:52	5:51	
7	Mon	10:07	3.8			1:24	0.4			9:52	5:53	
8	Tue	10:12	3.8			1:54	0.7			9:51	5:54	
9	Wed	10:14	3.7	9:14	2.1	2:20	1.1	5:51	1.9	9:51	5:55	
10	Thu	10:17	3.8	11:40	2.0	2:39	1.5	6:13	1.5	9:50	5:57	
11	Fri	10:21	3.9			2:34	2.0	6:40	1.1	9:50	5:58	
12	Sat	10:26	4.0					7:09	0.7	9:49	6:00	
13	Sun	10:35	4.2					7:40	0.3	9:48	6:01	
14	Mon	10:49	4.5					8:15	0.0	9:47	6:03	
15	Tue	11:13	4.7					8:53	-0.3	9:47	6:04	
16	Wed	11:45	4.8					9:34	-0.5	9:46	6:06	
17	Thu			12:28	4.8			10:18	-0.7	9:45	6:07	
18	Fri			1:20	4.6			11:02	-0.7	9:44	6:09	
19	Sat			2:25	4.2			11:47	-0.5	9:43	6:11	
20	Sun	8:51	3.7	3:47	3.8			12:05	3.5	9:42	6:12	
21	Mon	8:41	3.7	5:26	3.2	12:31	-0.2	1:44	2.9	9:41	6:14	
22	Tue	8:51	3.8	7:13	2.8	1:14	0.2	2:57	2.2	9:40	6:16	
23	Wed	9:11	4.0	9:07	2.5	1:56	0.8	4:00	1.5	9:38	6:17	
24	Thu	9:36	4.2	11:12	2.4	2:35	1.4	4:57	0.8	9:37	6:19	
25	Fri	10:04	4.4			3:11	2.0	5:51	0.3	9:36	6:21	
26	Sat	1:27	2.6	10:35 AM	4.5	3:38	2.5	6:43	-0.1	9:34	6:23	
27	Sun	11:06	4.5					7:33	-0.3	9:33	6:24	
28	Mon	11:36	4.5					8:22	-0.4	9:32	6:26	
29	Tue			12:05	4.4			9:08	-0.4	9:30	6:28	
30	Wed			12:30	4.2			9:52	-0.3	9:29	6:30	
31	Thu			12:51	4.0			10:34	-0.1	9:27	6:32	