

Adak Island, AK - Mar 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:17	3.0	2:02	3.0	10:13	2.9	10:39	0.7	8:30	7:27	
2	Sun	7:24	2.9	3:11	2.8	11:37	2.6	11:14	0.9	8:28	7:29	
3	Mon	7:19	2.8	4:36	2.5			12:35	2.3	8:25	7:30	
4	Tue	7:09	2.7	6:10	2.4			1:19	1.9	8:23	7:32	
5	Wed	7:05	2.8	7:50	2.3	12:20	1.5	1:59	1.6	8:21	7:34	
6	Thu	7:10	2.9	9:36	2.4	12:51	1.9	2:37	1.2	8:19	7:36	
7	Fri	7:20	3.1	11:28	2.5	1:20	2.2	3:15	0.9	8:16	7:37	
8	Sat	7:34	3.3			1:39	2.5	3:54	0.5	8:14	7:39	
9	Sun	7:53	3.5					4:33	0.3	8:12	7:41	
10	Mon	8:21	3.7					5:15	0.0	8:10	7:43	
11	Tue	8:59	3.9					5:57	-0.2	8:07	7:44	
12	Wed	9:47	4.0					6:41	-0.3	8:05	7:46	
13	Thu	10:43	3.9					7:27	-0.2	8:03	7:48	
14	Fri	11:48	3.8					8:15	-0.1	8:01	7:50	
15	Sat	4:16	2.6	1:04	3.5	7:12	2.5	9:04	0.2	7:58	7:51	
16	Sun	4:22	2.7	2:32	3.2	8:51	2.1	9:54	0.6	7:56	7:53	
17	Mon	4:42	2.8	4:10	2.9	10:18	1.6	10:46	1.0	7:54	7:55	
18	Tue	5:11	3.0	5:52	2.8	11:35	1.0	11:39	1.5	7:51	7:56	
19	Wed	5:45	3.2	7:36	2.8			12:44	0.5	7:49	7:58	
20	Thu	6:24	3.4	9:12	2.9	12:35	1.9	1:47	0.0	7:47	8:00	
21	Fri	7:06	3.6	10:36	3.1	1:34	2.3	2:46	-0.3	7:44	8:02	
22	Sat	7:51	3.6	11:46	3.2	2:34	2.6	3:42	-0.4	7:42	8:03	
23	Sun	8:39	3.6			3:35	2.7	4:37	-0.4	7:40	8:05	
24	Mon	12:49	3.2	9:28 AM	3.5	4:36	2.8	5:29	-0.3	7:37	8:07	
25	Tue	1:45	3.2	10:17 AM	3.4	5:36	2.8	6:19	-0.1	7:35	8:08	
26	Wed	2:36	3.1	11:06 AM	3.2	6:33	2.7	7:06	0.1	7:33	8:10	
27	Thu	3:22	2.9	11:57 AM	3.0	7:29	2.6	7:51	0.4	7:31	8:12	
28	Fri	4:00	2.8	12:52	2.7	8:24	2.4	8:32	0.7	7:28	8:14	
29	Sat	4:26	2.6	1:56	2.5	9:18	2.2	9:10	1.1	7:26	8:15	
30	Sun	4:35	2.5	3:15	2.4	10:09	1.9	9:47	1.4	7:24	8:17	

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31	Mon	4:32	2.4	4:48	2.3	10:56	1.6	10:24	1.7	7:21	8:19	