

Adak Island, AK - Jul 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:16	3.7	11:02	3.5			1:34	-0.9	5:32	10:08	
2	Wed			10:48	3.4			2:14	-0.6	5:32	10:08	
3	Thu	6:23	2.8	10:49	3.5	3:58	2.8	2:53	-0.2	5:33	10:08	
4	Fri	8:18	2.4	11:01	3.6	4:55	2.1	3:30	0.3	5:34	10:07	
5	Sat	10:16	2.0	11:19	3.8	5:48	1.4	4:03	0.8	5:35	10:07	
6	Sun			12:25	1.8	6:40	0.7	4:31	1.4	5:36	10:06	
7	Mon					7:30	0.1			5:37	10:05	
8	Tue	12:08	4.1			8:21	-0.4			5:38	10:05	
9	Wed	12:37	4.3			9:11	-0.8			5:39	10:04	
10	Thu	1:08	4.3			10:00	-1.0			5:40	10:03	
11	Fri	1:41	4.2			10:48	-1.0			5:41	10:02	
12	Sat	2:15	4.0			11:35	-1.0			5:42	10:01	
13	Sun	2:48	3.8	10:12	3.5			12:20	-0.8	5:43	10:00	
14	Mon	3:22	3.5	10:19	3.5	1:04	3.5	1:02	-0.6	5:44	9:59	
15	Tue			10:32	3.4			1:40	-0.4	5:46	9:58	
16	Wed			10:44	3.3			2:16	0.0	5:47	9:57	
17	Thu			10:52	3.3			2:48	0.3	5:48	9:56	
18	Fri	8:30	2.1	10:57	3.2	5:39	1.9	3:17	0.8	5:49	9:55	
19	Sat	10:17	1.8	11:02	3.3	6:12	1.5	3:39	1.2	5:51	9:54	
20	Sun			12:27	1.8	6:45	1.1	3:47	1.6	5:52	9:53	
21	Mon			11:16	3.5	7:18	0.7			5:53	9:51	
22	Tue			11:26	3.7	7:52	0.4			5:55	9:50	
23	Wed			11:39	3.9	8:26	0.1			5:56	9:49	
24	Thu					9:02	-0.2			5:58	9:47	
25	Fri	12:00	4.1			9:40	-0.4			5:59	9:46	
26	Sat	12:30	4.2			10:20	-0.6			6:00	9:45	
27	Sun	1:09	4.2			11:02	-0.7			6:02	9:43	
28	Mon	1:59	4.0			11:44	-0.7			6:03	9:41	
29	Tue	3:02	3.8	9:49	3.1			12:27	-0.6	6:05	9:40	
30	Wed	4:22	3.4	9:20	3.1	12:09	3.1	1:09	-0.4	6:06	9:38	
31	Thu	5:59	2.9	9:23	3.2	1:57	2.6	1:51	0.0	6:08	9:37	