












Adak Island, AK - Aug 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:42	2.5	9:39	3.4	3:13	1.9	2:31	0.5	6:09	9:35	
2	Sat	9:31	2.2	10:02	3.7	4:17	1.2	3:10	1.1	6:11	9:33	
3	Sun	11:27	2.1	10:31	3.9	5:15	0.6	3:46	1.6	6:13	9:32	
4	Mon			1:32	2.2	6:11	0.0	4:18	2.1	6:14	9:30	
5	Tue			11:38	4.2	7:05	-0.4			6:16	9:28	
6	Wed					7:58	-0.6			6:17	9:26	
7	Thu	12:15	4.2			8:50	-0.7			6:19	9:24	
8	Fri	12:52	4.1			9:40	-0.7			6:20	9:23	
9	Sat	1:30	3.9			10:29	-0.6			6:22	9:21	
10	Sun	2:09	3.7			11:15	-0.4			6:24	9:19	
11	Mon	2:53	3.4	9:18	3.1	11:58	-0.2			6:25	9:17	
12	Tue	3:46	3.1	9:25	3.0	12:34	3.0	12:37	0.1	6:27	9:15	
13	Wed	4:56	2.7	9:29	2.9	2:00	2.7	1:14	0.4	6:28	9:13	
14	Thu	6:19	2.5	9:30	2.9	2:55	2.3	1:47	0.7	6:30	9:11	
15	Fri	7:47	2.2	9:30	2.9	3:38	1.9	2:19	1.1	6:32	9:09	
16	Sat	9:22	2.1	9:35	3.0	4:16	1.5	2:47	1.4	6:33	9:07	
17	Sun	11:06	2.1	9:44	3.1	4:54	1.1	3:11	1.8	6:35	9:05	
18	Mon			1:07	2.2	5:32	0.8	3:20	2.2	6:37	9:03	
19	Tue			10:11	3.5	6:10	0.5			6:38	9:01	
20	Wed			10:31	3.7	6:48	0.2			6:40	8:59	
21	Thu			10:59	3.8	7:28	0.0			6:41	8:57	
22	Fri			11:35	4.0	8:09	-0.2			6:43	8:54	
23	Sat					8:51	-0.3			6:45	8:52	
24	Sun	12:21	4.0			9:36	-0.3			6:46	8:50	
25	Mon	1:18	3.9			10:21	-0.3			6:48	8:48	
26	Tue	2:27	3.6	7:25	2.6	11:08	-0.1	10:22	2.5	6:49	8:46	
27	Wed	3:52	3.3	7:18	2.7	11:55	0.2			6:51	8:44	
28	Thu	5:28	3.0	7:33	2.9	12:08	2.0	12:42	0.6	6:53	8:41	
29	Fri	7:09	2.7	7:58	3.2	1:29	1.5	1:29	1.0	6:54	8:39	
30	Sat	8:52	2.6	8:30	3.4	2:38	0.8	2:16	1.5	6:56	8:37	
31	Sun	10:34	2.6	9:06	3.7	3:41	0.3	3:03	1.9	6:58	8:35	