













Adak Island, AK - Nov 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			12:46	3.6	4:54	0.3	6:48	2.3	8:42	6:17	
2	Sun			1:12	3.4	5:35	0.8	7:40	1.9	8:44	6:16	
3	Mon	12:06	2.4	1:29	3.2	6:12	1.3	8:26	1.6	8:45	6:14	
4	Tue	1:45	2.3	1:35	3.1	6:42	1.7	9:07	1.3	8:47	6:12	
5	Wed	3:54	2.3	1:34	3.1	7:00	2.2	9:42	1.0	8:49	6:10	
6	Thu			1:26	3.2			10:15	0.7	8:51	6:09	
7	Fri			1:10	3.3			10:48	0.5	8:53	6:07	
8	Sat			12:44	3.5			11:22	0.2	8:54	6:05	
9	Sun	11:46	3.6					11:57	0.1	8:56	6:04	
10	Mon	10:33	3.8							8:58	6:02	
11	Tue	10:49	3.9			12:33	-0.1			9:00	6:01	
12	Wed	11:10	4.0			1:10	-0.2			9:01	5:59	
13	Thu	11:30	3.9			1:48	-0.2			9:03	5:58	
14	Fri	11:42	3.8			2:26	-0.2			9:05	5:56	
15	Sat	11:45	3.7			3:05	0.0			9:07	5:55	
16	Sun	11:47	3.6	8:44	2.8	3:42	0.2	5:32	2.6	9:08	5:54	
17	Mon	11:53	3.6	10:37	2.5	4:19	0.6	6:14	2.0	9:10	5:52	
18	Tue			12:05	3.7	4:54	1.1	7:03	1.3	9:12	5:51	
19	Wed	12:36	2.3	12:23	3.9	5:25	1.7	7:54	0.7	9:13	5:50	
20	Thu	2:55	2.4	12:46	4.1	5:49	2.3	8:48	0.1	9:15	5:49	
21	Fri			1:16	4.3			9:42	-0.4	9:17	5:47	
22	Sat			1:51	4.4			10:36	-0.8	9:18	5:46	
23	Sun			2:32	4.3			11:29	-1.0	9:20	5:45	
24	Mon	9:06	4.0	3:20	4.2	11:25	3.9			9:22	5:44	
25	Tue	9:30	4.2	4:15	4.0	12:21	-1.0	1:22	3.8	9:23	5:43	
26	Wed	10:00	4.2	5:18	3.7	1:11	-0.8	2:54	3.6	9:25	5:42	
27	Thu	10:31	4.2	6:27	3.3	1:58	-0.6	4:07	3.2	9:26	5:42	
28	Fri	11:01	4.1	7:43	2.9	2:43	-0.2	5:10	2.8	9:28	5:41	
29	Sat	11:28	4.0	9:08	2.5	3:24	0.3	6:04	2.4	9:29	5:40	
30	Sun	11:49	3.8	10:43	2.3	4:01	0.8	6:51	1.9	9:31	5:39	