






























Adak Island, AK - Jul 1983

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri			11:52	3.3			3:15	0.1	5:31	10:09	
2	Sat			11:45	3.3			3:36	0.5	5:32	10:08	
3	Sun			11:38	3.3			3:46	1.0	5:33	10:08	
4	Mon			12:04	1.5	7:26	1.2	3:17	1.4	5:33	10:07	
5	Tue			11:35	3.8	7:45	0.6			5:34	10:07	
6	Wed			11:44	4.1	8:15	0.1			5:35	10:06	
7	Thu					8:51	-0.5			5:36	10:06	
8	Fri	12:04	4.5			9:33	-1.0			5:37	10:05	
9	Sat	12:36	4.7			10:20	-1.3			5:38	10:04	
10	Sun	1:19	4.8			11:09	-1.6			5:39	10:04	
11	Mon	2:12	4.7					12:00	-1.6	5:40	10:03	
12	Tue	3:16	4.4					12:50	-1.5	5:41	10:02	
13	Wed	4:33	4.0	10:27	3.5			1:38	-1.2	5:42	10:01	
14	Thu	6:02	3.4	10:27	3.5	2:24	3.1	2:23	-0.8	5:43	10:00	
15	Fri	7:42	2.8	10:40	3.6	3:53	2.4	3:06	-0.2	5:45	9:59	
16	Sat	9:31	2.3	10:58	3.7	5:04	1.6	3:45	0.5	5:46	9:58	
17	Sun	11:33	2.0	11:19	3.8	6:05	0.9	4:19	1.2	5:47	9:57	
18	Mon			1:54	2.0	7:00	0.2	4:42	1.9	5:48	9:56	
19	Tue			11:59	4.0	7:51	-0.3			5:50	9:55	
20	Wed					8:39	-0.6			5:51	9:54	
21	Thu	12:15	4.0			9:25	-0.7			5:52	9:52	
22	Fri	12:25	4.1			10:08	-0.7			5:54	9:51	
23	Sat	12:29	4.1			10:50	-0.7			5:55	9:50	
24	Sun	12:33	4.0			11:30	-0.7			5:57	9:48	
25	Mon	12:43	3.9					12:07	-0.6	5:58	9:47	
26	Tue	12:53	3.8					12:42	-0.5	5:59	9:46	
27	Wed	12:00	3.6	11:12	3.4			1:14	-0.3	6:01	9:44	
28	Thu			10:55	3.2			1:44	-0.1	6:02	9:43	
29	Fri			10:40	3.1			2:12	0.3	6:04	9:41	
30	Sat			10:27	3.1			2:34	0.7	6:05	9:40	
31	Sun	8:33	1.9	10:19	3.2	5:28	1.8	2:49	1.1	6:07	9:38	