

Adak Island, AK - Mar 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:52	3.6			1:30	2.2	3:56	0.1	8:31	7:26	
2	Sun	8:17	4.0					4:49	-0.4	8:29	7:28	
3	Mon	8:52	4.3					5:42	-0.8	8:26	7:29	
4	Tue	9:35	4.5					6:36	-1.0	8:24	7:31	
5	Wed	10:25	4.6					7:30	-1.0	8:22	7:33	
6	Thu	11:19	4.5					8:24	-0.9	8:20	7:35	
7	Fri			12:16	4.2			9:16	-0.6	8:18	7:37	
8	Sat			1:16	3.9			10:05	-0.3	8:15	7:38	
9	Sun	6:55	3.0	2:22	3.4	9:09	2.9	10:52	0.1	8:13	7:40	
10	Mon	6:57	2.8	3:41	3.0	10:56	2.5	11:36	0.6	8:11	7:42	
11	Tue	7:02	2.8	5:20	2.6			12:22	2.0	8:08	7:44	
12	Wed	7:06	2.8	7:19	2.4	12:18	1.1	1:27	1.5	8:06	7:45	
13	Thu	7:11	2.8	9:29	2.5	12:58	1.6	2:16	1.0	8:04	7:47	
14	Fri	7:17	2.9	11:24	2.7	1:39	2.2	2:59	0.6	8:02	7:49	
15	Sat	7:25	3.1			2:20	2.6	3:39	0.3	7:59	7:51	
16	Sun	12:59	3.0	7:36 AM	3.3	2:59	3.0	4:20	0.1	7:57	7:52	
17	Mon	7:51	3.5					5:03	-0.1	7:55	7:54	
18	Tue	8:16	3.6					5:46	-0.2	7:52	7:56	
19	Wed	8:51	3.7					6:30	-0.2	7:50	7:57	
20	Thu	9:33	3.8					7:14	-0.3	7:48	7:59	
21	Fri	10:20	3.8					7:55	-0.2	7:45	8:01	
22	Sat	11:10	3.6					8:35	-0.1	7:43	8:03	
23	Sun			12:10	3.4			9:12	0.1	7:41	8:04	
24	Mon			1:29	3.1			9:49	0.5	7:39	8:06	
25	Tue	5:24	2.4	3:16	2.7	9:49	2.1	10:24	1.0	7:36	8:08	
26	Wed	5:04	2.5	5:23	2.4	11:18	1.4	11:00	1.6	7:34	8:09	
27	Thu	5:07	2.8	7:44	2.5			12:26	0.7	7:32	8:11	
28	Fri	5:22	3.2	10:11	2.8			1:26	0.0	7:29	8:13	
29	Sat	5:48	3.6			12:11	2.8	2:23	-0.6	7:27	8:14	
30	Sun	6:25	3.9					3:19	-1.0	7:25	8:16	
31	Mon	7:12	4.1					4:14	-1.2	7:22	8:18	