
































Adak Island, AK - Jul 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:59	3.6			9:12	0.1			5:31	10:08	
2	Wed	1:02	3.7			9:51	-0.3			5:32	10:08	
3	Thu	12:59	3.9			10:27	-0.5			5:33	10:08	
4	Fri	12:50	4.0			11:03	-0.7			5:34	10:07	
5	Sat	12:45	4.2			11:39	-0.8			5:34	10:07	
6	Sun	12:55	4.3					12:16	-0.8	5:35	10:06	
7	Mon	1:16	4.3					12:53	-0.9	5:36	10:06	
8	Tue	1:39	4.3					1:30	-0.9	5:37	10:05	
9	Wed	1:52	4.1					2:04	-0.8	5:38	10:04	
10	Thu	1:37	3.9					2:36	-0.7	5:39	10:03	
11	Fri	1:05	3.6					3:06	-0.4	5:40	10:03	
12	Sat	12:32	3.3	11:57	3.2			3:31	0.0	5:41	10:02	
13	Sun			11:35	3.3			3:50	0.6	5:43	10:01	
14	Mon	11:03	1.7	11:28	3.5	7:04	1.4	3:56	1.2	5:44	10:00	
15	Tue			11:34	3.9	7:28	0.6			5:45	9:59	
16	Wed			11:50	4.4	8:05	-0.1			5:46	9:58	
17	Thu					8:49	-0.8			5:47	9:57	
18	Fri	12:18	4.8			9:37	-1.3			5:49	9:56	
19	Sat	12:56	5.0			10:28	-1.6			5:50	9:55	
20	Sun	1:41	5.1			11:21	-1.7			5:51	9:53	
21	Mon	2:34	4.9					12:14	-1.7	5:53	9:52	
22	Tue	3:33	4.6					1:06	-1.5	5:54	9:51	
23	Wed	4:39	4.1	10:55	3.4			1:55	-1.1	5:56	9:49	
24	Thu	5:56	3.5	10:52	3.3	2:01	3.2	2:40	-0.7	5:57	9:48	
25	Fri	7:26	2.9	11:01	3.3	3:49	2.6	3:21	-0.1	5:58	9:47	
26	Sat	9:11	2.3	11:14	3.4	5:06	1.9	3:57	0.5	6:00	9:45	
27	Sun	11:16	2.0	11:27	3.4	6:05	1.2	4:28	1.2	6:01	9:44	
28	Mon			1:45	2.0	6:55	0.6	4:47	1.9	6:03	9:42	
29	Tue			11:48	3.7	7:39	0.2			6:04	9:41	
30	Wed			11:56	3.8	8:21	-0.1			6:06	9:39	
31	Thu					9:01	-0.3			6:07	9:37	