










Adak Island, AK - Mar 1988

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue			12:45	3.6			10:30	0.2	8:30	7:27	
2	Wed			1:23	3.2			11:03	0.5	8:27	7:29	
3	Thu			2:29	2.8			11:32	0.8	8:25	7:30	
4	Fri	8:04	2.6	4:28	2.5			12:54	2.4	8:23	7:32	
5	Sat	7:20	2.6	6:42	2.2			1:44	1.9	8:21	7:34	
6	Sun	6:58	2.7	9:21	2.3	12:22	1.7	2:21	1.4	8:19	7:36	
7	Mon	6:50	3.0			12:39	2.2	2:57	0.9	8:16	7:37	
8	Tue	6:50	3.3					3:35	0.4	8:14	7:39	
9	Wed	7:01	3.6					4:15	0.0	8:12	7:41	
10	Thu	7:28	4.0					4:59	-0.4	8:10	7:43	
11	Fri	8:11	4.2					5:46	-0.7	8:07	7:44	
12	Sat	9:04	4.4					6:34	-0.8	8:05	7:46	
13	Sun	10:03	4.5					7:24	-0.9	8:03	7:48	
14	Mon	11:08	4.4					8:12	-0.7	8:00	7:50	
15	Tue			12:18	4.1			9:00	-0.4	7:58	7:51	
16	Wed	5:24	2.6	1:40	3.6	7:41	2.6	9:46	0.0	7:56	7:53	
17	Thu	5:06	2.6	3:17	3.1	9:37	2.0	10:31	0.6	7:54	7:55	
18	Fri	5:14	2.8	5:11	2.7	11:10	1.3	11:17	1.3	7:51	7:57	
19	Sat	5:32	3.0	7:19	2.6			12:27	0.6	7:49	7:58	
20	Sun	5:57	3.3	9:26	2.8	12:06	2.0	1:32	0.0	7:47	8:00	
21	Mon	6:27	3.5	11:07	3.1	1:00	2.5	2:30	-0.4	7:44	8:02	
22	Tue	7:02	3.7			2:02	3.0	3:25	-0.7	7:42	8:03	
23	Wed	12:23	3.4	7:41 AM	3.7	3:09	3.3	4:18	-0.7	7:40	8:05	
24	Thu	1:24	3.5	8:23 AM	3.7	4:12	3.4	5:09	-0.7	7:37	8:07	
25	Fri	2:21	3.5	9:08 AM	3.7	5:07	3.4	6:00	-0.5	7:35	8:09	
26	Sat	3:16	3.4	9:54 AM	3.6	5:51	3.3	6:48	-0.3	7:33	8:10	
27	Sun	4:10	3.2	10:40 AM	3.4	6:28	3.1	7:34	-0.1	7:30	8:12	
28	Mon	4:56	3.0	11:27 AM	3.2	7:07	2.9	8:15	0.2	7:28	8:14	
29	Tue	5:23	2.8	12:20	2.9	8:00	2.7	8:50	0.5	7:26	8:15	

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		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Wed	5:26	2.5	1:29	2.6	9:08	2.4	9:21	0.9	7:23	8:17	
31	Thu	5:05	2.4	3:05	2.3	10:17	2.0	9:47	1.3	7:21	8:19	