

































Adak Island, AK - Jan 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:56	4.0					7:43	0.6	9:53	5:47	
2	Mon	10:55	4.3					8:13	0.2	9:53	5:48	
3	Tue	11:00	4.6					8:46	-0.2	9:53	5:49	
4	Wed	11:13	4.9					9:23	-0.5	9:53	5:50	
5	Thu	11:38	5.1					10:02	-0.7	9:52	5:51	
6	Fri			12:12	5.2			10:44	-0.9	9:52	5:52	
7	Sat			12:54	5.2			11:26	-1.0	9:51	5:54	
8	Sun			1:41	5.0					9:51	5:55	
9	Mon			2:35	4.6	12:09	-1.0			9:50	5:56	
10	Tue			3:46	4.0	12:50	-0.8			9:50	5:58	
11	Wed	10:07	3.7	5:37	3.3	1:28	-0.4	2:57	3.2	9:49	5:59	
12	Thu	9:53	3.8	7:54	2.6	2:04	0.2	4:09	2.3	9:48	6:01	
13	Fri	9:56	4.0	10:22	2.2	2:36	0.9	5:06	1.3	9:48	6:02	
14	Sat	10:10	4.3			2:59	1.7	5:58	0.5	9:47	6:04	
15	Sun	10:31	4.6					6:48	-0.2	9:46	6:05	
16	Mon	10:56	4.9					7:38	-0.6	9:45	6:07	
17	Tue	11:24	5.0					8:28	-0.9	9:44	6:09	
18	Wed	11:55	5.0					9:18	-0.9	9:43	6:10	
19	Thu			12:26	4.9			10:06	-0.9	9:42	6:12	
20	Fri			12:56	4.8			10:53	-0.7	9:41	6:14	
21	Sat			1:20	4.5			11:37	-0.5	9:40	6:15	
22	Sun			1:29	4.1					9:39	6:17	
23	Mon	10:48	3.8			12:16	-0.3			9:37	6:19	
24	Tue	10:21	3.6			12:51	0.0			9:36	6:21	
25	Wed	10:09	3.5			1:22	0.4			9:35	6:22	
26	Thu	9:55	3.4	7:41	2.3	1:48	0.9	4:56	2.2	9:33	6:24	
27	Fri	9:42	3.4	10:17	2.1	2:08	1.4	5:14	1.6	9:32	6:26	
28	Sat	9:37	3.6			2:17	1.9	5:41	1.1	9:31	6:28	
29	Sun	9:37	3.8					6:12	0.7	9:29	6:30	
30	Mon	9:42	4.1					6:46	0.3	9:28	6:31	
31	Tue	9:53	4.4					7:22	-0.1	9:26	6:33	