



















## Adak Island, AK - Mar 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:51	4.2					6:29	-0.3	8:30	7:26	
2	Thu	9:33	4.4					7:13	-0.5	8:28	7:28	
3	Fri	10:22	4.5					7:57	-0.6	8:26	7:30	
4	Sat	11:17	4.4					8:41	-0.6	8:24	7:32	
5	Sun			12:19	4.2			9:24	-0.4	8:21	7:33	
6	Mon			1:33	3.8			10:07	0.0	8:19	7:35	
7	Tue	5:59	2.6	3:06	3.3	9:23	2.4	10:49	0.5	8:17	7:37	
8	Wed	5:47	2.7	4:59	2.8	11:13	1.7	11:32	1.2	8:15	7:39	
9	Thu	5:58	3.0	7:06	2.6			12:38	1.0	8:12	7:41	
10	Fri	6:21	3.4	9:20	2.7	12:15	1.8	1:47	0.2	8:10	7:42	
11	Sat	6:52	3.7	11:18	3.0	1:00	2.4	2:50	-0.4	8:08	7:44	
12	Sun	7:30	4.0			1:50	2.9	3:48	-0.7	8:06	7:46	
13	Mon	8:14	4.1					4:45	-0.9	8:03	7:48	
14	Tue	9:04	4.2					5:41	-0.9	8:01	7:49	
15	Wed	9:56	4.1					6:35	-0.7	7:59	7:51	
16	Thu	10:48	3.9					7:28	-0.5	7:56	7:53	
17	Fri	4:36	3.2	11:40 AM	3.7	6:39	3.1	8:17	-0.2	7:54	7:54	
18	Sat	5:17	3.0	12:31	3.3	7:42	2.9	9:02	0.1	7:52	7:56	
19	Sun	5:46	2.8	1:27	3.0	8:54	2.7	9:42	0.5	7:49	7:58	
20	Mon	6:00	2.6	2:37	2.6	10:11	2.4	10:18	0.9	7:47	8:00	
21	Tue	5:56	2.5	4:11	2.3	11:18	2.0	10:48	1.4	7:45	8:01	
22	Wed	5:36	2.4	6:14	2.2			12:10	1.5	7:43	8:03	
23	Thu	5:17	2.5	8:44	2.4			12:51	1.1	7:40	8:05	
24	Fri	5:07	2.7					1:29	0.7	7:38	8:06	
25	Sat	5:02	2.9					2:06	0.4	7:36	8:08	
26	Sun	5:03	3.2					2:45	0.1	7:33	8:10	
27	Mon	5:18	3.4					3:26	-0.2	7:31	8:12	
28	Tue	5:55	3.6					4:09	-0.4	7:29	8:13	
29	Wed	6:47	3.8					4:53	-0.5	7:26	8:15	
30	Thu	7:47	3.9					5:37	-0.6	7:24	8:17	
31	Fri	8:51	3.9					6:21	-0.6	7:22	8:18	