
































Adak Island, AK - Jun 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:35	4.2			10:15	-0.9			5:32	9:56	
2	Fri	1:57	4.5			11:06	-1.4			5:31	9:57	
3	Sat	2:26	4.6			11:57	-1.7			5:30	9:58	
4	Sun	2:59	4.6					12:49	-1.8	5:30	9:59	
5	Mon	3:38	4.5					1:39	-1.7	5:29	10:00	
6	Tue	4:19	4.2					2:28	-1.5	5:29	10:01	
7	Wed	12:23	3.9					3:14	-1.2	5:28	10:02	
8	Thu	12:31	3.8					3:56	-0.8	5:28	10:03	
9	Fri	12:45	3.6					4:33	-0.3	5:27	10:03	
10	Sat	12:58	3.4					5:04	0.2	5:27	10:04	
11	Sun	1:05	3.3	11:17 AM	1.8	8:15	1.6	5:26	0.8	5:27	10:05	
12	Mon	1:06	3.3	1:55	1.6	8:46	1.1	5:27	1.4	5:26	10:05	
13	Tue	1:02	3.3			9:17	0.6			5:26	10:06	
14	Wed	12:56	3.5			9:47	0.1			5:26	10:07	
15	Thu	12:49	3.7			10:18	-0.2			5:26	10:07	
16	Fri	12:45	4.0			10:50	-0.5			5:26	10:08	
17	Sat	12:50	4.2			11:25	-0.8			5:26	10:08	
18	Sun	1:07	4.4					12:03	-1.0	5:26	10:08	
19	Mon	1:33	4.5					12:42	-1.1	5:26	10:09	
20	Tue	2:06	4.5					1:21	-1.2	5:26	10:09	
21	Wed	2:42	4.4					2:01	-1.2	5:27	10:09	
22	Thu	3:15	4.1					2:38	-1.1	5:27	10:09	
23	Fri	1:13	3.7					3:14	-0.8	5:27	10:09	
24	Sat	12:23	3.4	11:59	3.4			3:46	-0.3	5:28	10:10	
25	Sun	8:36	2.2	11:52	3.5	6:18	2.2	4:13	0.3	5:28	10:10	
26	Mon	11:15	1.7	11:56	3.7	6:56	1.3	4:31	1.0	5:28	10:09	
27	Tue					7:40	0.4			5:29	10:09	
28	Wed	12:09	4.1			8:27	-0.3			5:29	10:09	
29	Thu	12:29	4.4			9:15	-1.0			5:30	10:09	
30	Fri	12:54	4.7			10:04	-1.4			5:31	10:09	