



































Adak Island, AK - May 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	1:38	3.6	9:25 AM	3.4	5:50	3.1	5:46	-0.8	6:16	9:10	
2	Wed	2:03	3.4	10:45 AM	2.9	7:03	2.6	6:33	-0.3	6:14	9:12	
3	Thu	2:25	3.3	12:14	2.5	8:11	2.0	7:14	0.3	6:12	9:14	
4	Fri	2:44	3.1	1:56	2.1	9:12	1.5	7:49	0.9	6:10	9:15	
5	Sat	2:56	3.1	4:02	1.9	10:06	1.0	8:12	1.6	6:08	9:17	
6	Sun	2:59	3.0			10:51	0.5			6:07	9:19	
7	Mon	2:54	3.1			11:30	0.1			6:05	9:20	
8	Tue	2:37	3.2					12:05	-0.2	6:03	9:22	
9	Wed	2:06	3.5					12:39	-0.4	6:01	9:23	
10	Thu	1:42	3.7					1:13	-0.5	6:00	9:25	
11	Fri	1:36	3.8					1:49	-0.7	5:58	9:27	
12	Sat	1:38	3.9					2:27	-0.7	5:57	9:28	
13	Sun	1:45	3.9					3:05	-0.8	5:55	9:30	
14	Mon	1:58	3.8					3:43	-0.7	5:53	9:31	
15	Tue	2:12	3.7					4:19	-0.7	5:52	9:33	
16	Wed	2:18	3.5					4:53	-0.5	5:50	9:34	
17	Thu	2:10	3.3					5:23	-0.1	5:49	9:36	
18	Fri	1:51	3.1					5:47	0.4	5:48	9:37	
19	Sat	1:34	3.0	11:56 AM	1.9	8:11	1.6	6:04	0.9	5:46	9:39	
20	Sun	1:27	3.2	2:39	1.7	8:48	0.9	5:57	1.6	5:45	9:40	
21	Mon	1:29	3.5			9:32	0.1			5:44	9:42	
22	Tue	1:41	3.9			10:20	-0.6			5:42	9:43	
23	Wed	2:04	4.3			11:11	-1.2			5:41	9:44	
24	Thu	2:36	4.6					12:05	-1.7	5:40	9:46	
25	Fri	3:19	4.7					12:59	-1.9	5:39	9:47	
26	Sat	4:11	4.6					1:53	-1.9	5:38	9:48	
27	Sun	5:15	4.3					2:46	-1.7	5:37	9:50	
28	Mon	12:22	3.8	6:27 AM	3.9	3:13	3.7	3:36	-1.4	5:36	9:51	
29	Tue	12:28	3.7	7:46 AM	3.3	4:54	3.2	4:23	-1.0	5:35	9:52	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
30	Wed	12:44	3.6	9:14 AM	2.8	6:14	2.6	5:05	-0.4	5:34	9:53	
31	Thu	1:02	3.5	10:53 AM	2.2	7:21	1.9	5:42	0.3	5:33	9:54	