













Adak Island, AK - Jun 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:18	3.4	12:51	1.8	8:18	1.3	6:11	1.0	5:32	9:56	
2	Sat	1:30	3.4	3:23	1.8	9:06	0.7	6:21	1.6	5:31	9:57	
3	Sun	1:35	3.4			9:48	0.2			5:31	9:58	
4	Mon	1:34	3.5			10:26	-0.2			5:30	9:59	
5	Tue	1:25	3.7			11:01	-0.4			5:29	10:00	
6	Wed	1:12	3.9			11:35	-0.6			5:29	10:01	
7	Thu	1:06	4.1					12:09	-0.7	5:28	10:01	
8	Fri	1:16	4.2					12:45	-0.8	5:28	10:02	
9	Sat	1:35	4.2					1:21	-0.9	5:27	10:03	
10	Sun	1:53	4.2					1:57	-0.9	5:27	10:04	
11	Mon	1:59	4.1					2:32	-0.9	5:27	10:05	
12	Tue	1:38	3.9					3:05	-0.8	5:26	10:05	
13	Wed	1:18	3.6					3:35	-0.5	5:26	10:06	
14	Thu	12:57	3.4					4:02	-0.1	5:26	10:06	
15	Fri	12:33	3.3					4:22	0.4	5:26	10:07	
16	Sat	12:16	3.3	10:54 AM	1.7	7:32	1.5	4:30	1.0	5:26	10:07	
17	Sun	12:11	3.5			7:57	0.7			5:26	10:08	
18	Mon	12:16	3.9			8:35	-0.1			5:26	10:08	
19	Tue	12:31	4.3			9:19	-0.8			5:26	10:09	
20	Wed	12:56	4.7			10:07	-1.3			5:26	10:09	
21	Thu	1:30	4.9			10:58	-1.7			5:27	10:09	
22	Fri	2:13	5.0			11:51	-1.8			5:27	10:09	
23	Sat	3:03	4.9					12:43	-1.8	5:27	10:09	
24	Sun	4:01	4.5					1:35	-1.7	5:27	10:09	
25	Mon	5:06	4.0	11:31	3.6			2:23	-1.3	5:28	10:10	
26	Tue	6:21	3.4	11:35	3.5	3:18	3.3	3:07	-0.9	5:28	10:09	
27	Wed	7:49	2.8	11:46	3.5	4:54	2.6	3:48	-0.3	5:29	10:09	
28	Thu	9:31	2.2	11:59	3.5	6:05	2.0	4:23	0.3	5:29	10:09	
29	Fri	11:31	1.8			7:00	1.3	4:51	1.0	5:30	10:09	
30	Sat	12:10	3.5	2:02	1.8	7:48	0.7	5:02	1.6	5:31	10:09	