











## Adak Island, AK - Aug 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed			11:51	4.1	9:00	-0.4			6:09	9:36	
2	Thu					9:42	-0.5			6:10	9:34	
3	Fri	12:15	4.2			10:23	-0.5			6:12	9:32	
4	Sat	12:44	4.2			11:03	-0.5			6:13	9:31	
5	Sun	1:17	4.1			11:41	-0.5			6:15	9:29	
6	Mon	1:53	3.9					12:17	-0.4	6:17	9:27	
7	Tue	2:35	3.6					12:50	-0.2	6:18	9:25	
8	Wed	3:38	3.1	9:59	2.8			1:22	0.1	6:20	9:23	
9	Thu	5:35	2.6	9:24	2.8	2:24	2.5	1:51	0.6	6:21	9:22	
10	Fri	7:55	2.2	9:17	3.1	3:30	1.8	2:16	1.1	6:23	9:20	
11	Sat	10:18	2.1	9:24	3.4	4:21	1.1	2:33	1.7	6:25	9:18	
12	Sun			9:43	3.8	5:09	0.4			6:26	9:16	
13	Mon			10:11	4.2	5:59	-0.2			6:28	9:14	
14	Tue			10:49	4.5	6:50	-0.7			6:29	9:12	
15	Wed			11:35	4.6	7:42	-1.0			6:31	9:10	
16	Thu					8:35	-1.1			6:33	9:08	
17	Fri	12:25	4.6			9:29	-1.1			6:34	9:06	
18	Sat	1:20	4.5			10:21	-1.0			6:36	9:04	
19	Sun	2:19	4.1			11:12	-0.7			6:37	9:02	
20	Mon	3:25	3.7	8:39	2.8			12:00	-0.3	6:39	9:00	
21	Tue	4:42	3.2	8:36	2.7			12:46	0.1	6:41	8:57	
22	Wed	6:14	2.7	8:41	2.8	1:25	2.2	1:29	0.6	6:42	8:55	
23	Thu	7:58	2.4	8:49	2.8	2:41	1.6	2:09	1.2	6:44	8:53	
24	Fri	9:51	2.3	8:59	3.0	3:38	1.1	2:48	1.7	6:46	8:51	
25	Sat	11:41	2.5	9:12	3.1	4:26	0.7	3:24	2.2	6:47	8:49	
26	Sun			1:24	2.7	5:10	0.3	3:54	2.6	6:49	8:47	
27	Mon			9:47	3.5	5:52	0.1			6:50	8:44	
28	Tue			10:11	3.6	6:36	-0.1			6:52	8:42	
29	Wed			10:40	3.8	7:20	-0.2			6:54	8:40	
30	Thu			11:14	3.8	8:04	-0.2			6:55	8:38	
31	Fri			11:51	3.8	8:48	-0.2			6:57	8:36	