






Adak Island, AK - Sep 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat					9:30	-0.2			6:59	8:33	
2	Sun	12:32	3.7			10:09	-0.1			7:00	8:31	
3	Mon	1:19	3.5			10:46	0.1			7:02	8:29	
4	Tue	2:21	3.2	7:59	2.4	11:22	0.4	10:33	2.4	7:03	8:27	
5	Wed	3:52	2.8	7:08	2.4	11:56	0.8			7:05	8:24	
6	Thu	5:52	2.5	7:00	2.6	12:25	1.8	12:30	1.3	7:07	8:22	
7	Fri	8:06	2.4	7:08	3.0	1:39	1.2	1:02	1.9	7:08	8:20	
8	Sat	10:32	2.5	7:28	3.4	2:39	0.5	1:32	2.4	7:10	8:17	
9	Sun			7:59	3.7	3:34	-0.1			7:11	8:15	
10	Mon			8:41	4.0	4:28	-0.6			7:13	8:13	
11	Tue			9:31	4.2	5:22	-0.9			7:15	8:10	
12	Wed			10:27	4.3	6:17	-1.0			7:16	8:08	
13	Thu			11:27	4.2	7:12	-1.0			7:18	8:06	
14	Fri					8:05	-0.8			7:20	8:03	
15	Sat	12:30	3.9	5:39	2.9	8:57	-0.5	8:02	2.8	7:21	8:01	
16	Sun	1:36	3.6	5:52	2.7	9:47	-0.1	9:30	2.4	7:23	7:59	
17	Mon	2:51	3.2	6:04	2.6	10:34	0.4	10:57	2.0	7:24	7:56	
18	Tue	4:19	2.8	6:13	2.6	11:20	0.9			7:26	7:54	
19	Wed	6:04	2.5	6:21	2.6	12:13	1.5	12:06	1.5	7:28	7:52	
20	Thu	8:04	2.5	6:28	2.7	1:14	1.1	12:55	2.0	7:29	7:49	
21	Fri	9:57	2.7	6:36	2.9	2:05	0.7	1:50	2.4	7:31	7:47	
22	Sat	11:25	3.0	6:45	3.0	2:48	0.4	2:50	2.8	7:33	7:45	
23	Sun			12:33	3.2	3:30	0.1	3:49	3.1	7:34	7:42	
24	Mon			1:31	3.4	4:11	0.0	4:34	3.3	7:36	7:40	
25	Tue			2:27	3.4	4:53	-0.1	5:00	3.4	7:37	7:38	
26	Wed			8:46	3.5	5:36	-0.2			7:39	7:35	
27	Thu			9:35	3.5	6:20	-0.1			7:41	7:33	
28	Fri			10:25	3.4	7:02	-0.1			7:42	7:31	
29	Sat			11:19	3.3	7:42	0.0			7:44	7:28	
30	Sun			5:23	2.7	8:19	0.2	7:29	2.7	7:46	7:26	