





















## Adak Island, AK - Oct 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:22	3.0	4:46	2.5	8:52	0.6	8:49	2.3	7:47	7:24	
2	Tue	1:46	2.7	4:25	2.5	9:23	1.0	10:03	1.8	7:49	7:22	
3	Wed	3:37	2.5	4:19	2.7	9:51	1.5	11:11	1.2	7:51	7:19	
4	Thu	5:57	2.4	4:24	3.0	10:14	2.1			7:52	7:17	
5	Fri			4:40	3.4	12:12	0.5			7:54	7:15	
6	Sat			5:09	3.7	1:10	-0.1			7:56	7:12	
7	Sun			5:52	4.0	2:06	-0.6			7:57	7:10	
8	Mon			6:48	4.2	3:01	-1.0			7:59	7:08	
9	Tue			7:53	4.2	3:57	-1.2			8:01	7:06	
10	Wed			2:09	3.7	4:51	-1.2	4:41	3.6	8:02	7:03	
11	Thu			2:34	3.6	5:45	-1.0	5:51	3.3	8:04	7:01	
12	Fri			2:58	3.4	6:37	-0.6	7:01	2.9	8:06	6:59	
13	Sat			3:20	3.2	7:26	-0.2	8:11	2.4	8:08	6:57	
14	Sun	12:49	3.1	3:38	3.1	8:12	0.4	9:20	1.9	8:09	6:55	
15	Mon	2:19	2.7	3:52	3.0	8:53	1.0	10:24	1.4	8:11	6:52	
16	Tue	4:09	2.4	4:00	3.0	9:30	1.6	11:20	1.0	8:13	6:50	
17	Wed	6:27	2.4	4:02	3.0	10:03	2.2			8:15	6:48	
18	Thu			3:54	3.2	12:08	0.5			8:16	6:46	
19	Fri			3:22	3.3	12:50	0.2			8:18	6:44	
20	Sat			12:03	3.6	1:28	0.0			8:20	6:42	
21	Sun			12:24	3.8	2:06	-0.2			8:22	6:40	
22	Mon			12:53	3.9	2:44	-0.3			8:23	6:38	
23	Tue			1:25	3.9	3:24	-0.3			8:25	6:36	
24	Wed			1:57	3.9	4:04	-0.3			8:27	6:34	
25	Thu			2:27	3.7	4:44	-0.2			8:29	6:32	
26	Fri			2:49	3.5	5:22	-0.1			8:30	6:30	
27	Sat			2:56	3.3	5:58	0.1			8:32	6:28	
28	Sun			1:47	3.1	5:29	0.4	7:03	2.6	8:34	6:26	
29	Mon			1:33	3.1	5:55	0.8	7:42	2.0	8:36	6:24	
30	Tue			1:23	3.2	6:13	1.3	8:25	1.4	8:37	6:22	
31	Wed	2:13	2.1	1:21	3.4	6:14	1.9	9:13	0.7	8:39	6:20	