
































## Adak Island, AK - Nov 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu			1:27	3.8			10:02	0.0	8:41	6:18	
2	Fri			1:43	4.2			10:54	-0.6	8:43	6:16	
3	Sat			2:12	4.5			11:48	-1.1	8:45	6:15	
4	Sun			2:54	4.7					8:46	6:13	
5	Mon			3:50	4.7	12:43	-1.4			8:48	6:11	
6	Tue			5:01	4.5	1:37	-1.5			8:50	6:09	
7	Wed	11:58	4.1	6:21	4.2	2:31	-1.4	3:02	4.0	8:52	6:08	
8	Thu			12:11	4.0	3:22	-1.1	4:24	3.5	8:54	6:06	
9	Fri			12:28	3.8	4:11	-0.7	5:37	2.9	8:55	6:04	
10	Sat			12:47	3.7	4:57	-0.1	6:44	2.3	8:57	6:03	
11	Sun			1:04	3.6	5:37	0.6	7:45	1.6	8:59	6:01	
12	Mon	12:36	2.4	1:17	3.6	6:11	1.3	8:39	1.0	9:01	6:00	
13	Tue	2:54	2.3	1:24	3.6	6:32	2.0	9:27	0.5	9:02	5:58	
14	Wed			1:24	3.7			10:09	0.2	9:04	5:57	
15	Thu			1:10	3.8			10:46	-0.1	9:06	5:55	
16	Fri			12:38	4.0			11:22	-0.3	9:08	5:54	
17	Sat			12:07	4.2			11:57	-0.4	9:09	5:53	
18	Sun	11:57	4.4							9:11	5:52	
19	Mon	11:59	4.4			12:33	-0.4			9:13	5:50	
20	Tue			12:07	4.4	1:10	-0.4			9:14	5:49	
21	Wed			12:19	4.3	1:47	-0.4			9:16	5:48	
22	Thu			12:31	4.1	2:23	-0.4			9:18	5:47	
23	Fri			12:38	4.0	2:57	-0.2			9:19	5:46	
24	Sat			12:35	3.8	3:28	0.0			9:21	5:45	
25	Sun			12:22	3.6	3:54	0.4			9:22	5:44	
26	Mon			12:08	3.6	4:13	0.9	7:23	1.9	9:24	5:43	
27	Tue			12:00	3.7	4:18	1.4	7:44	1.2	9:26	5:42	
28	Wed	11:59	4.1					8:18	0.5	9:27	5:41	
29	Thu			12:08	4.5			9:00	-0.2	9:29	5:40	
30	Fri			12:27	4.9			9:47	-0.8	9:30	5:40	