










Adak Island, AK - Jul 1993

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:22	4.5			10:27	-1.1			5:32	10:08	
2	Fri	1:55	4.5			11:16	-1.2			5:32	10:08	
3	Sat	2:30	4.3					12:04	-1.1	5:33	10:08	
4	Sun	3:04	4.1					12:49	-1.0	5:34	10:07	
5	Mon	3:36	3.8	11:10	3.5			1:32	-0.8	5:35	10:07	
6	Tue			11:10	3.4			2:11	-0.5	5:36	10:06	
7	Wed			11:15	3.3			2:46	-0.1	5:37	10:05	
8	Thu			11:20	3.2			3:17	0.3	5:38	10:05	
9	Fri	8:29	2.1	11:24	3.2	6:04	2.0	3:43	0.7	5:39	10:04	
10	Sat	10:29	1.8	11:28	3.3	6:35	1.5	4:02	1.2	5:40	10:03	
11	Sun			1:07	1.7	7:07	1.1	3:59	1.6	5:41	10:02	
12	Mon			11:43	3.6	7:40	0.7			5:42	10:02	
13	Tue			11:53	3.8	8:15	0.3			5:43	10:01	
14	Wed					8:50	-0.1			5:44	10:00	
15	Thu	12:06	4.0			9:27	-0.3			5:45	9:59	
16	Fri	12:25	4.2			10:06	-0.6			5:47	9:58	
17	Sat	12:53	4.3			10:45	-0.8			5:48	9:56	
18	Sun	1:30	4.4			11:26	-0.9			5:49	9:55	
19	Mon	2:15	4.3					12:07	-0.9	5:51	9:54	
20	Tue	3:11	4.0					12:49	-0.7	5:52	9:53	
21	Wed	4:26	3.5	10:09	3.0			1:29	-0.5	5:53	9:52	
22	Thu	6:05	3.0	9:51	3.1	2:07	2.7	2:09	-0.1	5:55	9:50	
23	Fri	7:56	2.5	9:58	3.3	3:36	2.0	2:47	0.5	5:56	9:49	
24	Sat	9:50	2.2	10:17	3.6	4:42	1.3	3:23	1.1	5:57	9:48	
25	Sun	11:52	2.1	10:44	4.0	5:41	0.6	3:55	1.6	5:59	9:46	
26	Mon			2:04	2.2	6:37	-0.1	4:20	2.1	6:00	9:45	
27	Tue			11:51	4.4	7:31	-0.5			6:02	9:43	
28	Wed					8:25	-0.8			6:03	9:42	
29	Thu	12:28	4.4			9:17	-0.9			6:05	9:40	
30	Fri	1:07	4.3			10:08	-0.9			6:06	9:39	
31	Sat	1:46	4.2			10:58	-0.8			6:08	9:37	