



























Adak Island, AK - Jan 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:33	4.3			9:16	0.0	9:53	5:46	
2	Tue			12:46	4.3			9:56	0.0	9:53	5:47	
3	Wed			12:51	4.3			10:34	-0.1	9:53	5:48	
4	Thu			12:46	4.2			11:09	-0.1	9:53	5:49	
5	Fri			12:37	4.2			11:42	0.0	9:52	5:50	
6	Sat			12:21	4.1					9:52	5:52	
7	Sun	11:22	4.0			12:15	0.0			9:52	5:53	
8	Mon	10:58	3.8			12:47	0.1			9:51	5:54	
9	Tue	10:48	3.7			1:18	0.3			9:51	5:56	
10	Wed	10:38	3.6			1:47	0.5			9:50	5:57	
11	Thu	10:26	3.6			2:13	0.8			9:50	5:58	
12	Fri	10:21	3.7	9:47	2.1	2:35	1.2	6:00	1.9	9:49	6:00	
13	Sat	10:23	3.9			2:49	1.6	6:20	1.3	9:48	6:01	
14	Sun	12:13	2.1	10:33 AM	4.1	2:36	2.0	6:50	0.8	9:47	6:03	
15	Mon	10:51	4.4					7:27	0.3	9:46	6:04	
16	Tue	11:18	4.7					8:08	-0.2	9:46	6:06	
17	Wed	11:54	4.9					8:54	-0.5	9:45	6:08	
18	Thu			12:37	5.0			9:42	-0.7	9:44	6:09	
19	Fri			1:29	4.9			10:32	-0.8	9:43	6:11	
20	Sat			2:28	4.7			11:23	-0.7	9:42	6:12	
21	Sun			3:36	4.2					9:40	6:14	
22	Mon	8:30	3.6	4:55	3.7	12:12	-0.5	12:24	3.2	9:39	6:16	
23	Tue	8:47	3.7	6:24	3.2	1:00	-0.1	2:02	2.6	9:38	6:18	
24	Wed	9:12	3.8	8:00	2.8	1:47	0.3	3:21	2.0	9:37	6:19	
25	Thu	9:40	4.0	9:45	2.5	2:31	0.9	4:27	1.5	9:36	6:21	
26	Fri	10:09	4.1	11:39	2.4	3:13	1.4	5:26	1.0	9:34	6:23	
27	Sat	10:39	4.1			3:52	1.9	6:20	0.6	9:33	6:25	
28	Sun	1:36	2.5	11:07 AM	4.2	4:24	2.4	7:10	0.3	9:31	6:26	
29	Mon	11:33	4.2					7:56	0.1	9:30	6:28	
30	Tue	11:56	4.1					8:40	0.1	9:29	6:30	
31	Wed			12:15	4.1			9:21	0.1	9:27	6:32	