























Adak Island, AK - Aug 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:34	3.5	9:11	3.1	12:27	2.7	1:35	-0.3	6:10	9:35	
2	Fri	7:03	3.0	9:34	3.3	2:09	2.2	2:23	0.1	6:11	9:33	
3	Sat	8:37	2.6	10:04	3.5	3:31	1.6	3:09	0.6	6:13	9:31	
4	Sun	10:17	2.4	10:36	3.6	4:41	1.0	3:54	1.1	6:14	9:30	
5	Mon			12:02	2.3	5:43	0.6	4:38	1.6	6:16	9:28	
6	Tue			1:48	2.4	6:40	0.2	5:19	2.0	6:18	9:26	
7	Wed			3:31	2.5	7:34	-0.1	5:54	2.4	6:19	9:24	
8	Thu	12:16	3.8			8:25	-0.2			6:21	9:22	
9	Fri	12:46	3.8			9:14	-0.2			6:22	9:21	
10	Sat	1:13	3.7			10:00	-0.2			6:24	9:19	
11	Sun	1:38	3.6			10:43	-0.1			6:25	9:17	
12	Mon	2:01	3.5			11:22	0.0			6:27	9:15	
13	Tue	2:25	3.3			11:59	0.1			6:29	9:13	
14	Wed	2:57	3.1					12:33	0.3	6:30	9:11	
15	Thu	3:49	2.9	10:08	2.7			1:06	0.5	6:32	9:09	
16	Fri	5:17	2.6	9:47	2.7	2:26	2.5	1:38	0.7	6:34	9:07	
17	Sat	6:56	2.3	9:32	2.7	3:19	2.2	2:08	1.0	6:35	9:05	
18	Sun	8:34	2.2	9:30	2.9	3:58	1.8	2:37	1.3	6:37	9:03	
19	Mon	10:13	2.1	9:37	3.0	4:35	1.4	3:01	1.7	6:38	9:01	
20	Tue			12:01	2.2	5:12	1.0	3:17	2.0	6:40	8:58	
21	Wed			10:12	3.6	5:51	0.6			6:42	8:56	
22	Thu			10:43	3.8	6:33	0.2			6:43	8:54	
23	Fri			11:23	4.0	7:17	-0.1			6:45	8:52	
24	Sat					8:04	-0.4			6:46	8:50	
25	Sun	12:11	4.2			8:52	-0.5			6:48	8:48	
26	Mon	1:07	4.1			9:42	-0.5			6:50	8:45	
27	Tue	2:10	4.0	6:34	2.6	10:33	-0.3	9:20	2.4	6:51	8:43	
28	Wed	3:23	3.7	6:49	2.6	11:25	-0.1	11:03	2.1	6:53	8:41	
29	Thu	4:46	3.3	7:15	2.8			12:17	0.3	6:55	8:39	
30	Fri	6:17	3.0	7:46	3.0	12:34	1.7	1:09	0.7	6:56	8:37	
31	Sat	7:53	2.8	8:21	3.2	1:54	1.2	2:02	1.1	6:58	8:34	