



## Adak Island, AK - Jan 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:10	3.8	10:44	2.0	3:19	1.2	7:01	1.8	9:53	5:47	
2	Thu	11:12	3.8			3:30	1.7	7:19	1.4	9:53	5:48	
3	Fri	11:18	4.0					7:44	0.9	9:53	5:49	
4	Sat	11:27	4.2					8:14	0.5	9:53	5:50	
5	Sun	11:43	4.5					8:48	0.1	9:52	5:51	
6	Mon			12:07	4.7			9:27	-0.3	9:52	5:53	
7	Tue			12:41	4.9			10:10	-0.5	9:51	5:54	
8	Wed			1:25	4.9			10:56	-0.7	9:51	5:55	
9	Thu			2:17	4.7			11:43	-0.8	9:50	5:57	
10	Fri			3:21	4.4					9:50	5:58	
11	Sat	9:30	3.7	4:39	4.0	12:30	-0.6	12:32	3.6	9:49	5:59	
12	Sun	9:28	3.8	6:09	3.4	1:17	-0.4	2:18	3.0	9:48	6:01	
13	Mon	9:43	3.9	7:49	2.9	2:02	0.0	3:38	2.4	9:48	6:02	
14	Tue	10:07	4.1	9:35	2.6	2:46	0.6	4:45	1.7	9:47	6:04	
15	Wed	10:34	4.2	11:32	2.4	3:28	1.1	5:46	1.1	9:46	6:06	
16	Thu	11:04	4.4			4:07	1.7	6:42	0.5	9:45	6:07	
17	Fri	1:39	2.5	11:34 AM	4.4	4:40	2.3	7:34	0.2	9:44	6:09	
18	Sat			12:04	4.4			8:24	-0.1	9:43	6:10	
19	Sun			12:31	4.4			9:11	-0.2	9:42	6:12	
20	Mon			12:54	4.3			9:55	-0.2	9:41	6:14	
21	Tue			1:12	4.2			10:37	-0.1	9:40	6:15	
22	Wed			1:22	4.0			11:16	0.0	9:38	6:17	
23	Thu			1:13	3.9			11:51	0.1	9:37	6:19	
24	Fri	10:46	3.7							9:36	6:21	
25	Sat	10:19	3.6			12:25	0.2			9:35	6:22	
26	Sun	10:13	3.5			12:56	0.4			9:33	6:24	
27	Mon	10:06	3.4			1:26	0.7			9:32	6:26	
28	Tue	9:58	3.4	7:39	2.3	1:55	1.0	5:02	2.3	9:30	6:28	
29	Wed	9:55	3.5	9:36	2.2	2:20	1.3	5:21	1.8	9:29	6:30	
30	Thu	9:58	3.6	11:50	2.1	2:38	1.7	5:47	1.4	9:27	6:31	
31	Fri	10:06	3.8			2:36	2.1	6:17	1.0	9:26	6:33	