






















Adak Island, AK - Jun 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:50	3.7	4:07	2.0	9:21	0.3	7:16	1.8	5:32	9:56	
2	Mon	2:14	3.8			10:12	-0.2			5:31	9:57	
3	Tue	2:41	3.9			11:02	-0.6			5:30	9:58	
4	Wed	3:08	3.9			11:51	-0.8			5:30	9:59	
5	Thu	3:35	3.8					12:38	-0.9	5:29	10:00	
6	Fri	4:00	3.7	11:22	3.6			1:23	-0.9	5:29	10:01	
7	Sat	4:17	3.6	11:38	3.6	2:01	3.5	2:06	-0.9	5:28	10:02	
8	Sun							2:46	-0.7	5:28	10:03	
9	Mon	12:00	3.6					3:24	-0.5	5:27	10:03	
10	Tue	12:22	3.6					4:00	-0.2	5:27	10:04	
11	Wed	12:41	3.5					4:33	0.1	5:27	10:05	
12	Thu	12:54	3.4					5:02	0.5	5:26	10:05	
13	Fri	1:02	3.3	11:19 AM	1.8	8:30	1.7	5:25	0.9	5:26	10:06	
14	Sat	1:07	3.3	1:22	1.6	8:53	1.3	5:35	1.3	5:26	10:07	
15	Sun	1:11	3.3			9:20	0.9			5:26	10:07	
16	Mon	1:15	3.4			9:48	0.5			5:26	10:08	
17	Tue	1:21	3.6			10:19	0.1			5:26	10:08	
18	Wed	1:30	3.8			10:52	-0.2			5:26	10:08	
19	Thu	1:48	4.0			11:28	-0.5			5:26	10:09	
20	Fri	2:14	4.1					12:08	-0.8	5:26	10:09	
21	Sat	2:50	4.2					12:50	-1.0	5:27	10:09	
22	Sun	3:37	4.1					1:33	-1.1	5:27	10:09	
23	Mon	4:36	3.8	11:38	3.5			2:17	-1.0	5:27	10:09	
24	Tue	5:52	3.5	11:30	3.5	2:50	3.3	3:00	-0.8	5:28	10:10	
25	Wed	7:24	3.0	11:38	3.5	4:20	2.8	3:43	-0.4	5:28	10:10	
26	Thu	9:06	2.5	11:55	3.6	5:30	2.2	4:24	0.1	5:28	10:09	
27	Fri	10:54	2.1			6:31	1.5	5:02	0.6	5:29	10:09	
28	Sat	12:18	3.8	12:53	1.9	7:28	0.8	5:37	1.2	5:30	10:09	
29	Sun	12:43	3.9	3:12	1.9	8:21	0.2	6:03	1.8	5:30	10:09	
30	Mon	1:10	4.1			9:13	-0.2			5:31	10:09	