









Adak Island, AK - Jul 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:34	3.8					2:15	-0.6	5:31	10:09	
2	Fri	12:48	3.7					2:48	-0.5	5:32	10:08	
3	Sat	12:35	3.5					3:21	-0.3	5:33	10:08	
4	Sun	12:23	3.4					3:51	0.0	5:34	10:07	
5	Mon	12:12	3.3					4:19	0.4	5:34	10:07	
6	Tue	12:08	3.4	10:35 AM	1.9	7:05	1.7	4:41	0.9	5:35	10:06	
7	Wed	12:13	3.5	12:55	1.7	7:38	1.0	4:53	1.4	5:36	10:06	
8	Thu	12:26	3.8			8:20	0.3			5:37	10:05	
9	Fri	12:47	4.1			9:05	-0.3			5:38	10:04	
10	Sat	1:15	4.4			9:54	-0.8			5:39	10:04	
11	Sun	1:50	4.5			10:44	-1.1			5:40	10:03	
12	Mon	2:32	4.6			11:36	-1.3			5:41	10:02	
13	Tue	3:21	4.4					12:28	-1.3	5:43	10:01	
14	Wed	4:18	4.2	10:46	3.5			1:19	-1.2	5:44	10:00	
15	Thu	5:22	3.8	10:51	3.5	1:05	3.4	2:07	-1.0	5:45	9:59	
16	Fri	6:34	3.3	11:08	3.5	3:02	3.0	2:53	-0.6	5:46	9:58	
17	Sat	7:55	2.8	11:29	3.5	4:28	2.5	3:36	-0.2	5:47	9:57	
18	Sun	9:22	2.4	11:49	3.5	5:37	2.0	4:16	0.3	5:49	9:56	
19	Mon	11:00	2.1			6:34	1.5	4:50	0.9	5:50	9:55	
20	Tue	12:08	3.5	12:52	1.9	7:24	1.0	5:18	1.4	5:51	9:53	
21	Wed	12:23	3.5	3:06	2.0	8:09	0.6	5:30	1.9	5:53	9:52	
22	Thu	12:36	3.5			8:51	0.3			5:54	9:51	
23	Fri	12:45	3.6			9:30	0.1			5:55	9:50	
24	Sat	12:54	3.7			10:08	-0.1			5:57	9:48	
25	Sun	1:03	3.8			10:45	-0.3			5:58	9:47	
26	Mon	1:15	3.9			11:22	-0.3			6:00	9:45	
27	Tue	1:34	3.9			11:59	-0.4			6:01	9:44	
28	Wed	1:59	3.9					12:35	-0.4	6:03	9:42	
29	Thu	2:30	3.7					1:11	-0.4	6:04	9:41	
30	Fri	3:06	3.5	11:42	3.2			1:46	-0.3	6:06	9:39	
31	Sat			11:07	3.1			2:19	-0.1	6:07	9:38	