



Adak Island, AK - Mar 2001

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:37	3.4			1:47	2.3	4:41	0.6	8:30	7:27	
2	Fri	8:52	3.7					5:23	0.1	8:28	7:28	
3	Sat	9:18	4.0					6:08	-0.3	8:26	7:30	
4	Sun	9:57	4.3					6:56	-0.6	8:23	7:32	
5	Mon	10:46	4.5					7:46	-0.8	8:21	7:34	
6	Tue	11:42	4.5					8:37	-0.8	8:19	7:35	
7	Wed			12:46	4.3			9:29	-0.6	8:17	7:37	
8	Thu			1:58	4.0			10:20	-0.3	8:14	7:39	
9	Fri	6:30	2.8	3:21	3.6	9:43	2.6	11:11	0.1	8:12	7:41	
10	Sat	6:35	2.8	4:54	3.1	11:27	2.1			8:10	7:42	
11	Sun	6:54	3.0	6:36	2.8	12:01	0.6	12:52	1.5	8:08	7:44	
12	Mon	7:18	3.1	8:22	2.7	12:51	1.1	2:02	0.9	8:05	7:46	
13	Tue	7:46	3.3	10:06	2.8	1:42	1.6	3:03	0.4	8:03	7:48	
14	Wed	8:17	3.4	11:40	2.9	2:33	2.1	3:59	0.1	8:01	7:49	
15	Thu	8:48	3.5			3:26	2.5	4:51	-0.2	7:58	7:51	
16	Fri	1:02	3.1	9:20 AM	3.5	4:19	2.8	5:40	-0.2	7:56	7:53	
17	Sat	2:14	3.2	9:52 AM	3.5	5:08	3.0	6:28	-0.2	7:54	7:55	
18	Sun	3:21	3.2	10:25 AM	3.5	5:50	3.1	7:15	-0.1	7:52	7:56	
19	Mon	10:58	3.5					8:00	0.0	7:49	7:58	
20	Tue	11:33	3.4					8:43	0.1	7:47	8:00	
21	Wed			12:12	3.2			9:23	0.3	7:45	8:01	
22	Thu			1:00	3.0			10:01	0.6	7:42	8:03	
23	Fri	6:51	2.6	2:04	2.7	9:32	2.5	10:36	0.8	7:40	8:05	
24	Sat	6:34	2.5	3:32	2.5	10:53	2.2	11:10	1.2	7:38	8:07	
25	Sun	6:17	2.4	5:20	2.3	11:59	1.8	11:44	1.5	7:35	8:08	
26	Mon	6:09	2.5	7:25	2.3			12:52	1.4	7:33	8:10	
27	Tue	6:10	2.7	9:50	2.5	12:17	2.0	1:37	0.9	7:31	8:12	
28	Wed	6:15	2.9			12:48	2.4	2:21	0.4	7:28	8:13	
29	Thu	6:28	3.2					3:05	0.0	7:26	8:15	
30	Fri	6:52	3.5					3:51	-0.3	7:24	8:17	
31	Sat	7:32	3.7					4:39	-0.6	7:22	8:19	