



















## Adak Island, AK - Mar 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:15	4.0					7:52	-0.2	8:29	7:27	
2	Tue	10:47	4.1					8:35	-0.2	8:27	7:29	
3	Wed	11:23	4.0					9:16	-0.2	8:25	7:31	
4	Thu			12:03	3.9			9:55	-0.1	8:23	7:32	
5	Fri			12:51	3.7			10:32	0.1	8:21	7:34	
6	Sat			1:55	3.3			11:07	0.4	8:18	7:36	
7	Sun	8:13	2.7	3:36	2.9	10:52	2.6	11:42	0.8	8:16	7:38	
8	Mon	7:06	2.6	5:43	2.5			12:38	2.0	8:14	7:39	
9	Tue	6:52	2.8	7:58	2.4	12:15	1.3	1:44	1.3	8:12	7:41	
10	Wed	6:57	3.1	10:24	2.6	12:46	1.9	2:39	0.6	8:09	7:43	
11	Thu	7:15	3.5			1:11	2.5	3:31	0.0	8:07	7:45	
12	Fri	7:43	3.9					4:24	-0.5	8:05	7:46	
13	Sat	8:22	4.2					5:17	-0.9	8:02	7:48	
14	Sun	9:10	4.4					6:11	-1.0	8:00	7:50	
15	Mon	10:04	4.4					7:05	-1.0	7:58	7:52	
16	Tue	11:03	4.3					7:59	-0.8	7:56	7:53	
17	Wed			12:05	4.0			8:51	-0.5	7:53	7:55	
18	Thu	5:40	3.0	1:11	3.6	7:44	2.9	9:40	-0.2	7:51	7:57	
19	Fri	5:49	2.8	2:26	3.2	9:19	2.6	10:27	0.3	7:49	7:58	
20	Sat	5:59	2.7	3:55	2.7	10:48	2.1	11:13	0.8	7:46	8:00	
21	Sun	6:09	2.7	5:44	2.5			12:04	1.6	7:44	8:02	
22	Mon	6:18	2.7	7:49	2.4			1:04	1.1	7:42	8:04	
23	Tue	6:27	2.8	9:50	2.6	12:44	1.9	1:53	0.7	7:39	8:05	
24	Wed	6:36	2.9	11:26	2.9	1:35	2.4	2:36	0.3	7:37	8:07	
25	Thu	6:46	3.1			2:31	2.8	3:18	0.1	7:35	8:09	
26	Fri	12:41	3.2	6:56 AM	3.2	3:29	3.1	3:59	-0.1	7:32	8:10	
27	Sat	1:46	3.4	7:13 AM	3.4	4:16	3.3	4:42	-0.2	7:30	8:12	
28	Sun	7:42	3.5					5:26	-0.3	7:28	8:14	
29	Mon	8:25	3.5					6:10	-0.3	7:26	8:16	
30	Tue	9:14	3.5					6:52	-0.2	7:23	8:17	
31	Wed	10:05	3.5					7:33	-0.1	7:21	8:19	