


























Adak Island, AK - Jul 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:39	5.0			11:20	-1.7			5:32	10:08	
2	Fri	2:24	5.1					12:13	-1.9	5:33	10:08	
3	Sat	3:18	4.9					1:06	-1.9	5:33	10:07	
4	Sun	4:19	4.6					1:58	-1.7	5:34	10:07	
5	Mon	5:30	4.1	11:37	3.6			2:46	-1.4	5:35	10:06	
6	Tue	6:50	3.4	11:43	3.5	3:31	3.2	3:32	-0.9	5:36	10:06	
7	Wed	8:24	2.8	11:56	3.5	5:05	2.5	4:13	-0.3	5:37	10:05	
8	Thu	10:12	2.2			6:18	1.8	4:49	0.4	5:38	10:04	
9	Fri	12:12	3.6	12:24	1.8	7:16	1.1	5:17	1.2	5:39	10:04	
10	Sat	12:27	3.6	3:14	1.9	8:07	0.5	5:24	1.9	5:40	10:03	
11	Sun	12:39	3.7			8:52	0.0			5:41	10:02	
12	Mon	12:47	3.8			9:33	-0.3			5:42	10:01	
13	Tue	12:49	3.9			10:12	-0.5			5:43	10:00	
14	Wed	12:46	4.0			10:50	-0.7			5:45	9:59	
15	Thu	12:44	4.2			11:28	-0.7			5:46	9:58	
16	Fri	12:56	4.2					12:06	-0.7	5:47	9:57	
17	Sat	1:17	4.2					12:44	-0.8	5:48	9:56	
18	Sun	1:39	4.1					1:19	-0.7	5:50	9:55	
19	Mon	1:51	3.9					1:53	-0.7	5:51	9:54	
20	Tue	1:20	3.7					2:24	-0.5	5:52	9:53	
21	Wed	12:39	3.4					2:52	-0.2	5:54	9:51	
22	Thu	12:04	3.2	11:29	3.1			3:17	0.3	5:55	9:50	
23	Fri			11:10	3.2			3:35	0.8	5:56	9:49	
24	Sat	11:19	1.7	11:04	3.5	6:39	1.3	3:37	1.4	5:58	9:47	
25	Sun			11:11	3.9	7:07	0.6			5:59	9:46	
26	Mon			11:29	4.3	7:45	-0.1			6:01	9:44	
27	Tue			11:59	4.7	8:29	-0.7			6:02	9:43	
28	Wed					9:17	-1.2			6:04	9:41	
29	Thu	12:40	5.0			10:09	-1.4			6:05	9:40	
30	Fri	1:28	5.0			11:02	-1.6			6:07	9:38	
31	Sat	2:23	4.9			11:55	-1.5			6:08	9:36	