





















Adak Island, AK - Aug 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	3:25	4.5					12:47	-1.3	6:10	9:35	
2	Mon	4:36	4.0	10:21	3.2			1:37	-1.0	6:11	9:33	
3	Tue	5:57	3.4	10:19	3.2	1:32	3.0	2:22	-0.5	6:13	9:31	
4	Wed	7:32	2.8	10:29	3.2	3:18	2.3	3:05	0.1	6:14	9:30	
5	Thu	9:19	2.4	10:44	3.3	4:35	1.7	3:44	0.8	6:16	9:28	
6	Fri	11:22	2.1	11:00	3.4	5:36	1.0	4:19	1.4	6:18	9:26	
7	Sat			1:38	2.2	6:28	0.5	4:45	2.0	6:19	9:24	
8	Sun			11:30	3.6	7:15	0.1			6:21	9:22	
9	Mon			11:43	3.8	7:59	-0.2			6:22	9:20	
10	Tue			11:56	3.9	8:42	-0.3			6:24	9:18	
11	Wed					9:25	-0.4			6:26	9:17	
12	Thu	12:11	4.0			10:08	-0.4			6:27	9:15	
13	Fri	12:32	4.0			10:50	-0.4			6:29	9:13	
14	Sat	1:00	4.0			11:31	-0.4			6:30	9:11	
15	Sun	1:30	3.9					12:09	-0.4	6:32	9:09	
16	Mon	2:01	3.7					12:44	-0.2	6:34	9:07	
17	Tue	2:33	3.3	11:25	2.9			1:17	0.0	6:35	9:05	
18	Wed			10:17	2.7			1:47	0.3	6:37	9:02	
19	Thu	6:32	2.4	9:40	2.8	3:34	2.3	2:15	0.8	6:38	9:00	
20	Fri	8:53	2.1	9:27	3.0	4:11	1.7	2:38	1.4	6:40	8:58	
21	Sat	11:17	2.1	9:30	3.3	4:50	1.0	2:51	1.9	6:42	8:56	
22	Sun			9:45	3.7	5:32	0.4			6:43	8:54	
23	Mon			10:12	4.1	6:17	-0.2			6:45	8:52	
24	Tue			10:50	4.5	7:06	-0.7			6:47	8:50	
25	Wed			11:37	4.6	7:57	-1.0			6:48	8:48	
26	Thu					8:50	-1.1			6:50	8:45	
27	Fri	12:31	4.6			9:44	-1.1			6:51	8:43	
28	Sat	1:30	4.5			10:38	-1.0			6:53	8:41	
29	Sun	2:35	4.1			11:31	-0.7			6:55	8:39	
30	Mon	3:50	3.7	8:24	2.7			12:21	-0.3	6:56	8:36	
31	Tue	5:17	3.1	8:28	2.7	12:04	2.4	1:09	0.2	6:58	8:34	