























Adak Island, AK - Jan 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:42	3.8			2:36	0.3			9:53	5:47	
2	Sun	11:18	3.7			2:54	0.7			9:53	5:48	
3	Mon	11:00	3.7	11:36	1.9	3:06	1.2	7:00	1.6	9:53	5:49	
4	Tue	10:48	4.0			2:42	1.8	7:12	0.9	9:53	5:50	
5	Wed	10:48	4.4					7:42	0.2	9:52	5:51	
6	Thu	11:00	4.8					8:18	-0.4	9:52	5:53	
7	Fri	11:24	5.2					9:00	-0.9	9:51	5:54	
8	Sat			12:00	5.5			9:54	-1.3	9:51	5:55	
9	Sun			12:48	5.6			10:42	-1.5	9:50	5:57	
10	Mon			1:42	5.5			11:36	-1.5	9:50	5:58	
11	Tue			2:42	5.1					9:49	6:00	
12	Wed			3:54	4.6	12:24	-1.3			9:48	6:01	
13	Thu	10:12	3.9	5:18	3.9	1:12	-1.0	1:42	3.6	9:47	6:03	
14	Fri	10:06	3.9	7:00	3.1	2:00	-0.4	3:30	2.8	9:47	6:04	
15	Sat	10:18	3.9	9:00	2.5	2:42	0.2	4:42	2.0	9:46	6:06	
16	Sun	10:30	4.1	11:18	2.3	3:18	1.0	5:42	1.2	9:45	6:07	
17	Mon	10:48	4.2			3:48	1.7	6:36	0.5	9:44	6:09	
18	Tue	11:06	4.3					7:24	0.1	9:43	6:10	
19	Wed	11:24	4.4					8:06	-0.2	9:42	6:12	
20	Thu	11:30	4.5					8:48	-0.4	9:41	6:14	
21	Fri	11:42	4.5					9:30	-0.4	9:40	6:16	
22	Sat	11:42	4.6					10:12	-0.4	9:38	6:17	
23	Sun	11:54	4.6					10:48	-0.4	9:37	6:19	
24	Mon			12:12	4.5			11:30	-0.3	9:36	6:21	
25	Tue			12:36	4.4					9:34	6:23	
26	Wed			12:42	4.1	12:06	-0.2			9:33	6:24	
27	Thu	11:54	3.8			12:36	-0.1			9:32	6:26	
28	Fri	11:06	3.6			1:06	0.1			9:30	6:28	
29	Sat	10:24	3.4			1:30	0.5			9:29	6:30	
30	Sun	9:54	3.3	8:00	2.2	1:54	0.9	5:18	2.1	9:27	6:32	
31	Mon	9:36	3.5	11:12	2.1	2:06	1.5	5:18	1.5	9:26	6:33	