







## Adak Island, AK - Jul 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:36	3.4					4:05	0.2	5:31	10:08	
2	Sun	12:29	3.2					4:24	0.7	5:32	10:08	
3	Mon	12:19	3.2	11:42 AM	1.6	8:04	1.4	4:27	1.2	5:33	10:08	
4	Tue	12:09	3.3			8:21	0.9			5:34	10:07	
5	Wed	12:03	3.5			8:45	0.3			5:35	10:07	
6	Thu	12:00	3.8			9:14	-0.1			5:36	10:06	
7	Fri	12:04	4.1			9:48	-0.5			5:36	10:06	
8	Sat	12:18	4.4			10:25	-0.9			5:37	10:05	
9	Sun	12:46	4.7			11:06	-1.1			5:38	10:04	
10	Mon	1:23	4.9			11:50	-1.4			5:40	10:03	
11	Tue	2:09	4.8					12:36	-1.5	5:41	10:03	
12	Wed	3:02	4.6					1:20	-1.4	5:42	10:02	
13	Thu	4:05	4.2					2:03	-1.2	5:43	10:01	
14	Fri	5:25	3.6	11:12	3.3			2:44	-0.8	5:44	10:00	
15	Sat	7:12	2.9	11:03	3.4	3:56	2.7	3:21	-0.2	5:45	9:59	
16	Sun	9:18	2.3	11:09	3.6	5:13	1.8	3:54	0.5	5:47	9:58	
17	Mon	11:40	1.9	11:24	3.9	6:14	0.9	4:20	1.3	5:48	9:57	
18	Tue			11:44	4.2	7:09	0.1			5:49	9:56	
19	Wed					8:01	-0.5			5:50	9:54	
20	Thu	12:08	4.4			8:51	-1.0			5:52	9:53	
21	Fri	12:35	4.5			9:41	-1.2			5:53	9:52	
22	Sat	1:02	4.5			10:31	-1.2			5:54	9:51	
23	Sun	1:29	4.5			11:19	-1.1			5:56	9:49	
24	Mon	1:54	4.3					12:06	-1.0	5:57	9:48	
25	Tue	2:14	4.1					12:49	-0.8	5:59	9:46	
26	Wed	2:20	3.8					1:28	-0.6	6:00	9:45	
27	Thu	12:31	3.5	11:48	3.3			2:02	-0.3	6:02	9:43	
28	Fri			11:30	3.1			2:32	0.0	6:03	9:42	
29	Sat			11:11	3.0			2:59	0.4	6:05	9:40	
30	Sun	8:25	2.0	10:54	3.0	5:56	2.0	3:20	0.9	6:06	9:39	
31	Mon	10:51	1.8	10:44	3.1	6:12	1.4	3:31	1.5	6:08	9:37	