US HARBORS www.USHarbors.com

Adak Island, AK - Jul 2006

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	**12:36**	3.4					**4:05**	0.2	5:31	10:08	
2	Sun	**12:29**	3.2					**4:24**	0.7	5:32	10:08	
3	Mon	**12:19**	3.2	**11:42 AM**	1.6	**8:04**	1.4	**4:27**	1.2	5:33	10:08	
4	Tue	**12:09**	3.3			**8:21**	0.9			5:34	10:07	
5	Wed	**12:03**	3.5			**8:45**	0.3			5:35	10:07	
6	Thu	**12:00**	3.8			**9:14**	-0.1			5:36	10:06	
7	Fri	**12:04**	4.1			**9:48**	-0.5			5:36	10:06	
8	Sat	**12:18**	4.4			**10:25**	-0.9			5:37	10:05	
9	Sun	**12:46**	4.7			**11:06**	-1.1			5:38	10:04	
10	Mon	**1:23**	4.9			**11:50**	-1.4			5:40	10:03	
11	Tue	**2:09**	4.8					**12:36**	-1.5	5:41	10:03	
12	Wed	**3:02**	4.6					**1:20**	-1.4	5:42	10:02	
13	Thu	**4:05**	4.2					**2:03**	-1.2	5:43	10:01	
14	Fri	**5:25**	3.6	**11:12**	3.3			**2:44**	-0.8	5:44	10:00	
15	Sat	**7:12**	2.9	**11:03**	3.4	**3:56**	2.7	**3:21**	-0.2	5:45	9:59	
16	Sun	**9:18**	2.3	**11:09**	3.6	**5:13**	1.8	**3:54**	0.5	5:47	9:58	
17	Mon	**11:40**	1.9	**11:24**	3.9	**6:14**	0.9	**4:20**	1.3	5:48	9:57	
18	Tue			**11:44**	4.2	**7:09**	0.1			5:49	9:56	
19	Wed					**8:01**	-0.5			5:50	9:54	
20	Thu	**12:08**	4.4			**8:51**	-1.0			5:52	9:53	
21	Fri	**12:35**	4.5			**9:41**	-1.2			5:53	9:52	
22	Sat	**1:02**	4.5			**10:31**	-1.2			5:54	9:51	
23	Sun	**1:29**	4.5			**11:19**	-1.1			5:56	9:49	
24	Mon	**1:54**	4.3					**12:06**	-1.0	5:57	9:48	
25	Tue	**2:14**	4.1					**12:49**	-0.8	5:59	9:46	
26	Wed	**2:20**	3.8					**1:28**	-0.6	6:00	9:45	
27	Thu	**12:31**	3.5	**11:48**	3.3			**2:02**	-0.3	6:02	9:43	
28	Fri			**11:30**	3.1			**2:32**	0.0	6:03	9:42	
29	Sat			**11:11**	3.0			**2:59**	0.4	6:05	9:40	
30	Sun	**8:25**	2.0	**10:54**	3.0	**5:56**	2.0	**3:20**	0.9	6:06	9:39	
31	Mon	**10:51**	1.8	**10:44**	3.1	**6:12**	1.4	**3:31**	1.5	6:08	9:37	