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# Adak Island, AK - Jul 2007

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | **1:58** | 4.5 | | | | | **1:11** | -1.2 | 5:31 | 10:09 | |
| 2 | Mon | **2:33** | 4.3 | | | | | **1:48** | -1.1 | 5:32 | 10:08 | |
| 3 | Tue | **3:03** | 4.0 | | | | | **2:24** | -1.0 | 5:33 | 10:08 | |
| 4 | Wed | **1:02** | 3.6 | | | | | **2:57** | -0.7 | 5:34 | 10:07 | |
| 5 | Thu | **12:04** | 3.4 | **11:36** | 3.3 | | | **3:27** | -0.2 | 5:34 | 10:07 | |
| 6 | Fri | **8:30** | 2.2 | **11:28** | 3.4 | **6:02** | 2.1 | **3:52** | 0.5 | 5:35 | 10:06 | |
| 7 | Sat | **11:13** | 1.7 | **11:32** | 3.7 | **6:38** | 1.2 | **4:06** | 1.2 | 5:36 | 10:06 | |
| 8 | Sun | | | **11:45** | 4.1 | **7:21** | 0.4 | | | 5:37 | 10:05 | |
| 9 | Mon | | | | | **8:07** | -0.4 | | | 5:38 | 10:04 | |
| 10 | Tue | **12:06** | 4.5 | | | **8:55** | -1.0 | | | 5:39 | 10:04 | |
| 11 | Wed | **12:34** | 4.8 | | | **9:45** | -1.4 | | | 5:40 | 10:03 | |
| 12 | Thu | **1:08** | 4.9 | | | **10:36** | -1.5 | | | 5:41 | 10:02 | |
| 13 | Fri | **1:48** | 4.9 | | | **11:28** | -1.6 | | | 5:43 | 10:01 | |
| 14 | Sat | **2:32** | 4.7 | | | | | **12:18** | -1.5 | 5:44 | 10:00 | |
| 15 | Sun | **3:18** | 4.3 | | | | | **1:06** | -1.2 | 5:45 | 9:59 | |
| 16 | Mon | **4:06** | 3.9 | **11:29** | 3.5 | | | **1:51** | -0.9 | 5:46 | 9:58 | |
| 17 | Tue | **5:01** | 3.4 | **11:21** | 3.3 | **2:57** | 3.3 | **2:31** | -0.6 | 5:47 | 9:57 | |
| 18 | Wed | | | **11:22** | 3.2 | | | **3:06** | -0.1 | 5:49 | 9:56 | |
| 19 | Thu | **8:13** | 2.3 | **11:22** | 3.2 | **5:36** | 2.2 | **3:36** | 0.5 | 5:50 | 9:55 | |
| 20 | Fri | **10:15** | 1.9 | **11:21** | 3.2 | **6:16** | 1.6 | **3:59** | 1.1 | 5:51 | 9:53 | |
| 21 | Sat | | | **12:46** | 1.8 | **6:52** | 1.0 | **4:08** | 1.6 | 5:53 | 9:52 | |
| 22 | Sun | | | **11:22** | 3.5 | **7:27** | 0.5 | | | 5:54 | 9:51 | |
| 23 | Mon | | | **11:26** | 3.8 | **8:03** | 0.1 | | | 5:55 | 9:50 | |
| 24 | Tue | | | **11:35** | 4.0 | **8:39** | -0.2 | | | 5:57 | 9:48 | |
| 25 | Wed | | | **11:52** | 4.2 | **9:17** | -0.4 | | | 5:58 | 9:47 | |
| 26 | Thu | | | | | **9:57** | -0.6 | | | 6:00 | 9:45 | |
| 27 | Fri | **12:18** | 4.4 | | | **10:38** | -0.8 | | | 6:01 | 9:44 | |
| 28 | Sat | **12:51** | 4.5 | | | **11:19** | -0.9 | | | 6:03 | 9:42 | |
| 29 | Sun | **1:30** | 4.4 | | | **11:59** | -0.9 | | | 6:04 | 9:41 | |
| 30 | Mon | **2:13** | 4.3 | | | | | **12:38** | -0.9 | 6:06 | 9:39 | |
| 31 | Tue | **3:05** | 3.9 | | | | | **1:15** | -0.6 | 6:07 | 9:38 | |